

Sunday Morning Groups

“Beginnings” (Optical Conclusion: Seeing Jesus Clearly in 2020)

- What: Groups will view a short weekly video from “The Bible Project” (a series of summaries of each book of the Bible). Discussions will be based on “The Bible Project” video and the weekly Scripture from each Sunday’s sermon. “Beginnings” focuses on Genesis & Exodus in the Old Testament and Matthew in the New Testament.
- When: Sundays, January 5-January 26 ~ 9:30-10:30am
- Cost: None
- The following Sunday morning groups will participate in the sermon-based discussions. Feel free to jump in to one of these groups at any time! Descriptions of each group are on the “Sunday Morning Groups” flyer at the Groups table or on the LHUMC website at www.lhumc.com/sunday-groups.

- L.I.F.E.: F202
- Link: F203
- Bereans: F204
- Connect: A117
- Disciples: Bride’s Room
- Lyceum-Roundtable: Parlor
- Good News: A120

“Love Letters from God” (Optical Conclusion: Seeing Jesus Clearly in 2020)

- What: Groups will view a short weekly video from “The Bible Project” (a series of summaries of each book of the Bible). Discussions will be based on “The Bible Project” video and the weekly Scripture from each Sunday’s sermon. “Love Letters from God” focuses on Leviticus & Numbers in the Old Testament and Mark in the New Testament.
- When: Sundays, February 5-February 23 ~ 9:30-10:30am
- Cost: None
- The following Sunday morning groups will participate in the sermon-based discussions. Feel free to jump in to one of these groups at any time! Descriptions of each group are on the “Sunday Morning Groups” flyer at the Groups table or on the LHUMC website at www.lhumc.com/sunday-groups.

- Link: F203
- Bereans: F204
- Connect: A117
- Disciples: Bride's Room
- Lyceum-Roundtable: Parlor
- Good News: A120

“Greater Than” (Optical Conclusion: Seeing Jesus Clearly in 2020)

• What: Following along with the LHUMC 2020 Bible reading plan, “The Bible Project” videos, and the “Greater Than” Lent sermon series, we will explore ways in which Jesus is greater than our pride, our struggles, our past, our failures, and our fears. “Greater Than” focuses on Deuteronomy, Joshua & Judges in the Old Testament and Luke and John in the New Testament.

• When: Sundays, March 1-April 5 ~ 9:30-10:30am

• Cost: None

• The following Sunday morning groups will participate in the sermon-based discussions. Feel free to jump in to one of these groups at any time! Descriptions of each group are on the “Sunday Morning Groups” flyer at the Groups table or on the LHUMC website at www.lhumc.com/sunday-groups.

- Grace: F201
- Link: F203
- Bereans: F204
- Connect: A117
- Disciples: Bride's Room
- Lyceum-Roundtable: Parlor
- Good News: A120

Psalms: Managing Your Emotions – L.I.F.E. (Ages 20s-40s*)

• What: God created us to experience emotions, yet there are godly and ungodly ways to manage them. Discover how the writers of the Psalms wrestled with different emotions and expressed their trust in God in the midst of life's ups and downs.

• When: Sundays, February 2-February 23 ~ 9:30-10:30am

• Where: LHUMC F202

• Cost: None

You and Me Forever – Grace Community (Ages 20s-40s*)

- What: Francis and Lisa Chan address the question many couples wonder about: How do I have a great marriage? Setting aside typical topics on marriage, the Chans dive into Scripture to understand what it means to have a relationship – both with Christ and with each other - that satisfies the deepest parts of our souls.
- When: Sundays, January 5-February 16 ~ 9:30-10:30am
- Where: LHUMC F201
- Cost: \$16

Grace is Greater - Bereans (Mixed ages*)

- What: Author and pastor, Kyle Idleman, reminds us that grace is always greater than our failures, bitterness or setbacks. Even when it doesn't make sense. Even when it doesn't seem fair. The best way (perhaps the only real way) to understand it is to experience it!
- When: Sundays, March 15-April 19 ~ 9:30-10:30am
- Where: LHUMC Room F204
- Cost: \$12 optional book cost

Adult Bible Studies: Promise - First Day (Ages 50s and up*)

- What: The Adult Bible Studies winter curriculum will focus on the themes of hope, covenant and holiness as they relate to the promises God gives us.
- When: December - February ~ 9:30-10:30am
- Where: LHUMC Library
- Cost: \$12

Adult Bible Studies: Promise – Koinonia (Ages 65 and up*)

- What: The Adult Bible Studies winter curriculum will focus on the themes of hope, covenant and holiness as they relate to the promises God gives us.
- When: Sundays, December to February ~ 9:30-10:30am

- Where: LHUMC Fellowship Hall
- Cost: \$12

* Age ranges for Sunday morning groups are general guidelines. Anyone is welcome to participate in any of the Sunday morning groups!