

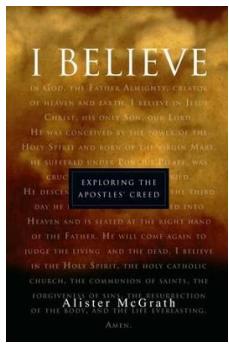
## Weekday Groups for Men and Women

### **GriefShare**



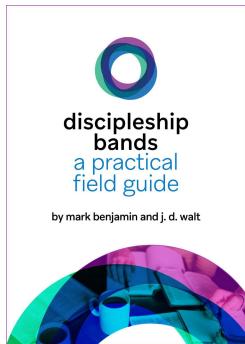
- What: GriefShare is a friendly, caring group of people who will walk alongside you through one of life's most difficult experiences. You don't have to go through the grieving process alone.
- When: Wednesdays, August 24 - November 30 ~ 6:30-8:00pm
- Where: LHUMC Library
- Led by Becky Holland, Diana Lawson, Andy Roberts and Dorma Tabisz
- Cost: \$20

### ***I Believe: Exploring the Apostles' Creed***



- What: Theologian Alister McGrath unpacks the content of the Apostles' Creed and introduces us to the essential truths about God the Father, the person and work of Jesus Christ, and the Holy Spirit.
- When: Tuesdays, September 20 - November 8 ~ 12:00-1:00pm
- Where: LHUMC Library
- Led by Pastor Chris Allen
- Cost: Cost of book

## Discipleship Bands



- **What:** A band is a group of 3 to 5 men or women who meet together weekly to support one another, pray for one another and encourage one another to become the love of God for the world. For more details about what a band is, visit [www.lhumc.com/groups](http://www.lhumc.com/groups) or [www.discipleshipbands.com](http://www.discipleshipbands.com). If you are interested in starting a band, reach out to Andy or Gretel Roberts.