

Problem Gambling Awareness in Western CT

DID YOU KNOW?

Sports betting and
online gambling are
now legal in CT

17% of youth in the
region reported
gambling 1 or more
times in last 12 months*

The National Council
on Problem Gambling
estimates 2 million
adults in the U.S. have
a gambling addiction

An early big win is a
risk factor for
problem gambling

CT has a voluntary
self-exclusion
process

*2019 Attitudes and Behaviors Survey data from 6 school districts



Help is Available

For those negatively affected by
gambling, a **free helpline** and **chat**
are available 24/7 at
ccpg.org/chat

**PROBLEM
GAMBLING
HELPLINE**
1-888-789-7777



MCCA - Better Choice treatment provider

- Programs in: Danbury, New Milford, Torrington, and Waterbury
- Outpatient treatment includes: individual and group counseling, psychiatric evaluation and couples & family counseling
- Short-term inpatient treatment available in Danbury

All services at little to no cost to the clients and their families.

Contact: Earle Sanford, Director of Problem Gambling Services
203-733-4524



Region 5 Problem Gambling Awareness Team

We are neither for nor against gambling

Our Mission: to raise awareness about problem
gambling, promote harm reduction, and connect
people in our communities to help if needed

Our team is comprised of various stakeholders who
meet monthly to share trends and implement
strategies to mitigate risk

Interested in joining us? Visit our webpage:
wctcoalition.org/region5problemgamblingteam

Call to Action



- Share this flyer within your community
- Visit our website for downloadable fact sheets and other resources you can share
- Follow wctcoalition and CT Council on Problem Gambling on social media
- Display print materials in spaces you occupy (the team can provide these)
- Contact khanley@wctcoalition.org for more details.

Sponsored by:



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CONNECTICUT COUNCIL on
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