



# Calling young adults to share their mental health journey.

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**NAMI Ending the Silence**  
educates and supports  
students and others about  
mental health conditions.



## **Online Training Available**

For more information, and to apply to participate in this training, please visit: <https://www.surveymonkey.com/r/NAMIETS>

If you have questions, please contact Val at: [vlepoutre@namict.org](mailto:vlepoutre@namict.org), or (860) 856-3952.