

WESTERN CT COALITION

Presents:

Stress Management for Teens

CALLING ALL TEENS:

Come Learn About How To Manage Stress Including Academics, Family Commitments and Extracurriculars!

Fri, October 30, 2020

7pm-8pm

Guest Speaker:

**Lenny Marano LCSW
Clinical Director
High Focus Center**

Areas of interest include supporting and treating adolescent clients who present with anxiety issues

**Moderated by
Joyce Sixsmith, M.A., L.A.D.C
Counselor/Prevention Specialist**

[To Register click here](#)



WESTERN CT COALITION
promoting best practices in prevention and behavioral health