



BEHAVIORAL HEALTH 101

**TUESDAY, NOVEMBER 30
1:00-4:00PM
ON ZOOM**

Participants will
receive a \$20 Panera
Bread e-gift card!

**Join us to learn about important substance misuse and
mental health issues including:**

- Addiction as a brain disease, the importance of prevention, recent substance use trends
- Mental illness and other behavioral health disorders defined, impact of mental illness, stigma
- Problem gambling defined, emerging trends and prevalence

Plus:

- How to identify and respond to signs and symptoms of problematic substance use, problematic gambling, and other mental health concerns
- Resources to support those who are experiencing behavioral health issues, how to get help and where

RSVP HERE

CEUS OFFERED!
Participants will earn
2.5 contact hours.



WESTERN CT COALITION
promoting best practices in prevention and behavioral health



Questions? Contact Kathy Hanley at khanley@wctcoalition.org