

# Harm Reduction Forum

**Thursday, May 20, 2021, 2:00 - 4:00 P.M.**

Join leading behavioral health experts to discuss a Harm Reduction approach to substance use recovery. Participants will gain a better understanding of:

- Evidence-based strategies to support individuals who use substances regardless of their stage of recovery
- How the stigmatization of substance use creates treatment barriers
- Principles of harm reduction in a clinical setting
- Discharge policies: Creating supportive pathways to recovery
- Strategies to promote engagement with people who use substances
- Motivational interviewing and the importance of meeting individuals “where they are at”

## Presenters:



**Dr. Craig Allen, MD.**  
Medical Director,  
Rushford Center



**Dr. Robert Heimer, PhD.**  
Professor of Epidemiology  
and Pharmacology,  
Yale School of Public Health

## Panel Discussion with:

- John Hamilton, CEO, Liberation Programs
- Mark Jenkins, Executive Director, Greater Hartford Harm Reduction Coalition
- Lauren Pristo, MPH, Litchfield County Taskforce Coordinator, McCall Center

In partnership with the Alcohol and Drug Policy Council (ADPC)

**Supporting individuals' right to make their own recovery decisions**



**[Click here to register for the  
CTBHP Harm Reduction Forum](#)**

For additional information, please contact us at **877-552-8247 ext. 302020** or **[ctbhp@beaconhealthoptions.com](mailto:ctbhp@beaconhealthoptions.com)**