

Event Information

Sunday, September 28th, 2025

Runner/Walker Registration and Check-In @ 8 AM
5K Race Start Time: 9 AM
5K Walk Start Time: 9:10 AM
Wellness Fair/Activities: 9 AM - 1 PM

Northbank Riverwalk Artist Square (RAM)
729 Riverside Ave.



Welcome!

Join us for the 6th Annual NAMI Walks Jacksonville and be part of an incredible movement! **It's a walk, it's a run, it's a sprint**, but however you tackle it, it's a joyous celebration of support, mental health awareness, and community spirit. Together, we can show our dedication to a kinder, brighter future for mental health. As our largest fundraiser, NAMI Walks helps us offer vital programs and training to our local community free of charge.

We can't wait to celebrate with you during this family-friendly day filled with fun and connection! For all the details and links, check out www.namiwalks.org/jacksonville

Packet Pickup

If you've registered and paid for the 5K race, or want to register on event day, this is where you'll pick up your Chip & Race Bib. There is no registration fee to take part in the traditional 5K event without a chip & bib.

Team Captains or their designee may pick up multiple packets, but it's your responsibility to notify teammates that you've done so. If you're picking up packets for your team, please bring a typed list.

On-Site Packet Pickup:
Sun Sept 28th, 8 AM-8:45 AM

Register Today!

www.namiwalks.org/jacksonville



Parking

Fidelity National Financial (FNF) and Intercontinental Exchange (ICE) have graciously agreed to provide complimentary parking at its surface lots located near

601 Riverside Ave.

(NAMI Walks participants are only authorized to park in the surface lots, not in any of the covered or underground lots.)

Florida Blue has also graciously agreed to provide complimentary parking in its Florida Blue Parking Garage, located at

800 Forest Street, between Park St and Magnolia St.

Free parking for NAMI Walks participants is available from **5 AM to 2 PM only**

Anyone who exits after 2:00 PM may be charged the full parking rate and may also be subject to ticketing or towing.

These parking options are approximately a 2 to 10-minute walk to the NAMI Walks Registration area.



The Start and Finish

The race begins and ends inside the park. The 5k run is expected to have a large number of participants, so please line up according to your ability. Walkers, please line up behind the runners. The 5K Run will begin at 9 AM, with the walk starting at 9:10 AM.

For Your Safety

Dogs/Pets: This event welcomes friendly, leashed dogs; however, for the safety of everyone, no dogs/pets are permitted during the 5K race portion. Leashed dogs are welcome to accompany you as you walk the course during the 5K walk.

Strollers/ Wheelchairs/ Wagons: For the safety of everyone on the course, please stay to the side and/ or rear of the pack.

We can not guarantee against bumps in the road or sidewalk cracks. Follow the race course and adhere to the route guidance. Most importantly: **BE SAFE!**

NAMIWalks Route



Directions for the 5K:

- o Blast off from the start gate and head up onto the Shared Use Path (SUP). As you exit the SUP in San Marco, make the first turn and run behind Nemours Hospital and along the river. (Don't go straight towards Palm Ave)
- o Emerge from the SUP and make a right turn onto LeBaron Ave, where you'll find the On-Course Water Station.
- o Turn Left onto Cedar Street
- o Turn Right onto Palm Ave.
- o Turn Left onto Lasalle St.
- o Turn Right onto River Road
- o Take River Road to Laverne Street, make a U-Turn at the intersection of River/ Laverne, then head back along the course, over the river, and back into the NAMIWalks event space to cross the Finish Line.



Awards

An awards ceremony for 5K Finishers will be held at approximately 10 AM.

We'll award the Top 3 Overall Male and Female Finishers, along with Top Male and Top Female in each age group:

- | | | |
|----------------|---------|---------------|
| • 19 and Under | • 30-39 | • 50-59 |
| • 20-29 | • 40-49 | • 60 and Over |

Award Ceremony will be held approximately at 9:45am at the Riverside Arts Market Stage.



Make sure to Share Your NAMIWalks Photos!



[NAMIJacksonville](https://www.facebook.com/NAMIJacksonville)

