

**"Peer Support Workers: Inform Families and Help Spread the Family-Driven Vision!"**

**Families  
Together**  
in New York State

# Raising Resilient Families:

## Trainings for **Parents** and **Caregivers**

**5  
FEB**  
10AM EST

### **Ashe! Affirm, Support, Heal, & Empower**

Learn affirming language strategies to boost your child's self-esteem and improve behavior.

<https://bit.ly/4fUQ1G8>



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**13  
FEB**  
10AM EST

### **Dadvocating: Inclusive Father-Centric Practices**

Discover tools to support fathers, build connections, and empower fatherhood engagement.

<https://bit.ly/3BT5N6I>



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**25  
FEB**  
10AM EST

### **Reframing the Narrative: Ending the Stigma Around Mental Health and Neurodiversity**

Learn affirming language strategies to boost your child's self-esteem and improve behavior.

<https://bit.ly/4acwOyB>



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**7  
MARCH**  
10AM EST

### **Empower Abilities: Supporting Families of Children with ID/DD**

Gain practical advice on navigating systems and better support your child's with intellectual/developmental challenges.

<https://bit.ly/4hagJf2>



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**Target Audience:**

Questions? [sweinstein@ftnys.org](mailto:sweinstein@ftnys.org)  
Continuing Education Credits

**Families, Caregivers & Peer  
Support Workforce**