

# Growing Connections



Growing connections is a free gardening program created exclusively for people living with early dementia and their care partners. Offered by the University of Minnesota Master Gardner Extension Program in partnership with the Alzheimer's Association, these gardening classes focus on learning and having fun in the moment. No garden, gardening experience, or green thumb required!

Individuals and their care partners are required to connect with the Alzheimer's Association prior to joining the group.

Our programming in 2021 will be a series of Zoom classes, beginning in late February and continuing through March. If you're interested, please call our 24/7 Helpline at 800.272.3900 for more information.

