



EARLY CHILDHOOD HEALTH, BEHAVIORAL HEALTH, AND SAFETY RESOURCE LIST



Events

- The Impact of COVID-19 on Young Children and their Families: Findings from the Early Learning Study at Harvard. February 2, 2:00-3:00 PM ET. https://zoom.us/webinar/register/7516104642477/WN_-gme0g26SN-b1LqyGwhlbA
- 10 Ready-Made Tips You Can Use to Prepare for Disaster. February 3, 12:00-1:00 PM ET. https://femacqpub1.connectsolutions.com/content/connect/c1/7/en/events/event/shared/148225860/event_landing.html?sco-id=165482115
- A Conversation with the CDC on School, Homelessness, and COVID-19. February 3, 2:00-3:00 PM ET. <https://register.gotowebinar.com/register/4071999944285694992>
- COVID-19 and the Legacy of Racism: Vaccine Hesitancy and Treatment Bias. February 3, 3:00-4:00 PM ET. <https://nihcm.org/publications/covid-19-and-the-legacy-of-racism-vaccine-hesitancy-and-treatment-bias>
- Preschool Play for Physical Development. February 4, 3:00-4:00 PM ET. <https://eclkc.ohs.acf.hhs.gov/event/preschool-play-physical-development>
- Child Care Health Consultation: Responding to COVID-19 in Early Childhood Programs. February 18, 2:00 pm-3:00 PM ET. <https://eclkc.ohs.acf.hhs.gov/event/child-care-health-consultation-responding-covid-19-early-childhood-programs>
- Promoting Children's Dental Health. February 22, 2:00 pm-3:00 PM ET. <https://eclkc.ohs.acf.hhs.gov/event/promoting-childrens-oral-health>
- Nutrition Building Blocks: How I Am Moving, I Am Learning (IMIL) Supports Early Learning Success. February 24, 2:00 pm-3:30 PM ET. <https://eclkc.ohs.acf.hhs.gov/event/nutrition-building-blocks-how-i-am-moving-i-am-learning-imil-supports-early-learning-success>
- Using Routines to Help Children Adjust After COVID Closures and Other Disruptions. February 24, 2:00 pm-3:30 PM ET. <https://www.earlychildhoodwebinars.com/webinars/helping-children-adjust-after-covid-closures-and-other-disruptions>
- National Home Visiting Virtual Summit. February 22-26, 2021. <https://startearly.org/event/home-visiting-summit>



News

- A Closer Look at the Adverse Childhood Experiences Study (ACEs). <https://www.acesconnection.com/blog/a-closer-look-at-the-adverse-childhood-experiences-study-aces>
- COVID-19 Vaccine and Asthma: What You Need to Know. <https://allergyasthmanetwork.org/news/covid-vaccine-and-asthma/>

- Biden Administration Expands P-EBT to Benefit Millions of Low-Income and Food Insecure Children During Pandemic. <https://www.usda.gov/media/press-releases/2021/01/22/biden-administration-expands-p-ebt-benefit-millions-low-income-and>
- COVID-19 Ups Complication Risks During Childbirth. <https://consumer.healthday.com/1-19-covid-19-raises-complication-risks-for-pregnant-women-during-delivery-2649952270.html>
- Education Program Reduces Pregnancy Complications in At-Risk Mothers. https://www.upi.com/Health_News/2021/01/19/Education-program-reduces-pregnancy-complications-in-at-risk-mothers/3881611081092/
- USDA Updates Dietary Guidelines to Include Introduction of Food Allergens. <https://allergyasthmanetwork.org/news/usda-dietary-guidelines-food-allergies/>
- Vaccination Coverage with Selected Vaccines and Exemption Rates Among Children in Kindergarten – United States, 2019–20 School Year. <https://www.cdc.gov/mmwr/volumes/70/wr/mm7003a2.htm>
- COVID-19 Trends Among Persons Aged 0–24 Years – United States, March 1–December 12, 2020. <https://www.cdc.gov/mmwr/volumes/70/wr/mm7003e1.htm>
- Addressing Child Hunger When School Is Closed – Considerations during the Pandemic and Beyond. <https://www.nejm.org/doi/full/10.1056/NEJMp2033629?query=TOC>
- More than One in Four Latino and Black Households with Children Are Experiencing Three or More Hardships during COVID-19. <https://www.childtrends.org/publications/more-than-one-in-four-latino-and-black-households-with-children-are-experiencing-three-or-more-hardships-during-covid-19>
- Analysis: Maternal, Newborn Deaths Could Decrease by 60% With More Midwife Care. https://www.upi.com/Health_News/2020/12/01/Analysis-Maternal-newborn-deaths-could-decrease-by-60-with-more-midwife-care/7021606855040/
- Characteristics Associated with Adults Remembering to Wash Hands in Multiple Situations Before and During the COVID-19 Pandemic – United States, October 2019 and June 2020. <https://www.cdc.gov/mmwr/volumes/69/wr/mm6940a2.htm>
- New American Dietary Guidelines Emphasize No Added Sugar for Kids Up to Six Months. <https://medicaldialogues.in/diet-nutrition/news/new-american-dietary-guidelines-emphasize-no-added-sugar-for-kids-upto-six-months-73212>
- Child Physical Abuse Encounters Declined During COVID-19. <https://consumer.healthday.com/declines-in-child-physical-abuse-encounters-during-covid-19-2649697866.html>
- Children May Be Missing Vaccinations During Pandemic. <https://www.medscape.com/viewarticle/943479>
- Executive Order on Supporting the Reopening and Continuing Operation of Schools and Early Childhood Education Providers. <https://www.whitehouse.gov/briefing-room/presidential-actions/2021/01/21/executive-order-supporting-the-reopening-and-continuing-operation-of-schools-and-early-childhood-education-providers/>



Resources

Children with Special Health Care Needs

- Effectiveness of a Home- and School-Based Asthma Educational Program for Head Start Children with Asthma. <https://jamanetwork.com/journals/jamapediatrics/article-abstract/2771107>

- Sickle Cell Disease Tied to Worse COVID-19 Outcomes. <https://www.medpagetoday.com/meetingcoverage/ashvideopearlsrbd/90628>
- Are Some Children More Likely to Have Pica? <https://www.contemporarypediatrics.com/view/are-some-children-more-likely-to-have-pica->
- 2020 Focused Updates to the Asthma Management Guidelines: A Report from the National Asthma Education and Prevention Program Coordinating Committee Expert Panel Working Group. <https://www.nhlbi.nih.gov/health-topics/all-publications-and-resources/2020-focused-updates-asthma-management-guidelines>

Community Health and Data

- COVID-19 Demographic and Economic Resources. <https://covid19.census.gov/>
- The Alliance for Early Success 50-State Progress Report on Early Childhood Policy. <https://earlysuccess.org/50stateprogressreport>

COVID-19

- How Do the New COVID-19 Vaccines Work? Podcast. <https://www.medpagetoday.com/podcasts/trackthevax/90085>
- COVID-19 Vaccination: A State-by-State List. <https://www.medpagetoday.com/infectiousdisease/covid19/90791>
- Experts Say This Is What Children Need to Survive The COVID-19 Pandemic. <https://www.usatoday.com/in-depth/news/education/2020/12/22/pandemic-parenting-how-covid-school-screens-stress-impacts-kids/6470288002/>
- COVID-19 Resources for Early Care & Learning. <https://cehn.org/covid19-resources/>
- Coronavirus Resources to Keep Kids Safe From Injuries. <https://www.safekids.org/coronavirus-resources-keep-kids-safe-injuries>

Emergency Preparedness, Response, and Recovery

- Preparing for a Pandemic. <https://eclkc.ohs.acf.hhs.gov/sites/default/files/pdf/ehws-preparing-for-pandemic.pdf>
- Novel Pandemics. <https://www.ready.gov/pandemic>
- Planning for Winter Emergencies (English and Spanish). <https://eclkc.ohs.acf.hhs.gov/publication/planning-winter-emergencies>
- *UPDATED* Emergency Preparedness Manual for Early Childhood Programs. (English and Spanish) <https://eclkc.ohs.acf.hhs.gov/safety-practices/article/emergency-preparedness-recovery>

Environmental Health

- State Children's Environmental Health Profiles. <https://cehn.org/our-work/states/>
- Improving Ventilation in Your Home. <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/Improving-Ventilation-Home.html>
- Healthy Building Network. <https://healthybuilding.net>
- Crumb Rubber & Artificial Turf. <https://cehn.org/crumb-rubber-artificial-turf/>

Health Equity, Inclusion, Cultural and Linguistic Responsiveness

- Asthma Impacts on American Indian/Alaska Native People. <https://community.aafa.org/blog/asthma-impacts-disparities-on-american-indian-alaska-native-people>

- Association Between Parent Comfort with English and Adverse Events Among Hospitalized Children. <https://pubmed.ncbi.nlm.nih.gov/33074313/>
- Federal Policy Recommendations to Advance Health Equity from the Robert Wood Johnson Foundation. <https://www.rwjf.org/en/library/research/2021/01/federal-policy-recommendations-to-advance-health-equity-from-rwjf.html>
- The Basic Facts About Children in Poverty. <https://cdn.americanprogress.org/content/uploads/2021/01/11140934/ChildPovertyPrimer-report1.pdf>

Health Literacy/Family Education, Engagement, and Health

- The Power of Fathers: A Concept Paper on Fatherhood, Father Engagement, and Early Childhood. <https://www.irvingharrisfdn.org/wp-content/uploads/2021/01/Father-Engagement-Concept-Paper-FINAL.pdf>
- Words Should Match the Pictures When Broadcasting Social Media Safety Messages. <https://www.news-medical.net/news/20210104/Study-Words-should-match-the-pictures-when-broadcasting-social-media-safety-messages.aspx>
- Explaining the News to Our Kids. <https://www.common sense media.org/blog/explaining-the-news-to-our-kids>
- Create a Family Self-Care Plan. <https://www.actionforhealthykids.org/activity/create-a-family-self-care-plan/>

Managing Health Services

- Keeping Them Safe: Video Series. <https://eclkc.ohs.acf.hhs.gov/safety-practices/article/keeping-them-safe-video-series>
- Flu Prevention During the COVID-19 Pandemic. <https://www.childcareaware.org/wp-content/uploads/2020/10/FluSeason-IssueBrief-10022020.pdf>
- Reimagining Homelessness Assistance for Children and Families. <https://www.tandfonline.com/doi/full/10.1080/10796126.2020.1813535>
- Embracing Health and Wellness Series. <https://eclkc.ohs.acf.hhs.gov/safety-practices/article/embracing-health-wellness-series>

Mental Health and Wellness/Social-Emotional Development

- Head Start Heals Campaign. <https://eclkc.ohs.acf.hhs.gov/mental-health/article/head-start-heals-campaign>
- The IECMH Clinical Workforce Solution Pathways. <https://www.zerotothree.org/resources/3796-the-iecmh-clinical-workforce-solution-pathways>
- Engaging Mexican Indigenous Families, Children, and Youth in Mental Health Treatment. <https://mhttcnetwork.org/centers/national-hispanic-and-latino-mhttc/product/engaging-mexican-indigenous-families-children>
- How to Help Your Child Develop Empathy. <https://www.zerotothree.org/resources/5-how-to-help-your-child-develop-empathy>

New and Expectant Families

- Folic Acid Helps Prevent Some Birth Defects (English and Spanish). <https://www.cdc.gov/ncbddd/folicacid/features/folic-acid-helps-prevent-some-birth-defects.html>
- Interactive Safe Sleep Environment Tool. <https://safetosleep.nichd.nih.gov/resources/caregivers/environment/room>

- Safe Sleep for Your Baby: Reduce the Risk of Sudden Infant Death Syndrome (SIDS) and Other Sleep-Related Causes of Infant Death (English and Spanish). <https://safetosleep.nichd.nih.gov/resources/caregivers>
- Supporting the Whole Family: Fathers in Infant Health Outcomes. <https://www.nichq.org/insight/supporting-whole-family-fathers-infant-health-outcomes>

Nutrition

- Providing Food and Nutrition Services During COVID-19 (archived webinar). <https://eclkc.ohs.acf.hhs.gov/about-us/coronavirus/ohs-covid-19-updates>
- Grain-Based Desserts in the CACFP (English and Spanish). <https://www.fns.usda.gov/tn/grain-based-desserts-cacfp>
- Building Family-School Partnerships Through Nutrition Education. <https://www.actionforhealthykids.org/wp-content/uploads/2020/08/Family-School-Crosswalks-Nutrition.pdf>
- Start Simple with MyPlate: Food Planning During the Coronavirus Pandemic. <https://www.myplate.gov/eat-healthy/healthy-eating-budget/covid-19>

Oral Health

- Oral Health: Health Tips for Families (English, Spanish, Arabic, Chinese, Vietnamese, Somali, Hmong, Burmese, Amharic, Armenian, Marshallese, Polish, Yiddish). <https://eclkc.ohs.acf.hhs.gov/publication/oral-health-health-tips-families>
- Applying Consultation Skills to Oral Health Promotion. <https://eclkc.ohs.acf.hhs.gov/oral-health/learning-module/applying-consultation-skills-oral-health-promotion>
- Getting to Know Me: Information for a Pregnant Woman's Dental Office (English and Spanish). <https://eclkc.ohs.acf.hhs.gov/publication/getting-know-me-information-pregnant-womans-dental-office>
- Getting to Know Me: Information for Your Child's Dental Office (English and Spanish). <https://eclkc.ohs.acf.hhs.gov/publication/getting-know-me-information-your-childs-dental-office>

Physical Activity and Outdoor Education

- A Year in the Garden (lesson plans). <https://kidsgardening.org/garden-activities-year-in-garden-journal>
- Building Family-School Partnerships Through Physical Activity. <https://www.actionforhealthykids.org/wp-content/uploads/2020/08/Family-School-Crosswalks-Physical-Activity.pdf>
- Physical Activities During COVID (archived webinar). https://psu.mediaspace.kaltura.com/media/1_qs9yozm9
- Active Learning Lessons with COVID-19 Modifications. <https://www.doh.wa.gov/Portals/1/Documents/Pubs/340-363-ActiveLearningLessonsCOVID-19.pdf>

Physical Health and Wellness

- Immunization: The Power to Protect. <https://eclkc.ohs.acf.hhs.gov/sites/default/files/pdf/ehws-immunizations-power-to-protect.pdf>
- Managing Infectious Diseases (video series). <https://eclkc.ohs.acf.hhs.gov/physical-health/article/managing-infectious-diseases>
- When Can Children Get the COVID-19 Vaccine? (English and Spanish). <https://www.healthychildren.org/English/tips-tools/ask-the-pediatrician/Pages/when-can-children-get-the-COVID-19-vaccine.aspx>

Professional Development

- COVID-19: Vaccines 101 (English and Spanish). <https://www.resilience-ed.org/vaccinations>
- Organizations Preparing for Emergency Needs (OPEN). <https://community.fema.gov/opentraining>
- An Individualized Approach to Helping Families Embrace Safe Sleep & Breastfeeding: Building on Campaigns with Conversations. <https://www.ncemch.org/learning/building/index.php>
- The Science of Love in Childhood. <https://www.unicef.org/stories/science-of-love-in-childhood>

Safety and Injury Prevention

- Carbon Monoxide (CO) Poisoning Prevention (English and Spanish). <https://www.cdc.gov/nceh/features/copoisoning/index.html>
- Parent's Guide to Child Safety (English and Spanish). <https://www.safekids.org/parents-guide-child-safety>
- Burn Awareness Week. <http://ameriburn.org/prevention/burn-awareness-week/>
- Poisoning Prevention: New Challenges and a Novel Tool (archived webinar). <https://www.childrenssafetynetwork.org/webinar/PP-New-Challenges-and-Novel-Tool>

School Readiness/Transitions

- The Brain Architects: Connecting Health & Learning Part II: The Implications (podcast). <https://developingchild.harvard.edu/resources/the-brain-architects-connecting-health-learning-part-ii-the-implications>
- Learn the Signs. Act Early (English and Spanish). <https://www.cdc.gov/ncbddd/actearly/index.html>
- Safe Schools During the COVID-19 Pandemic (English and Spanish). <https://www.healthychildren.org/English/health-issues/conditions/COVID-19/Pages/Return-to-School-During-COVID-19.aspx>
- Making Decisions about Children Attending In-person School During the COVID-19 Pandemic: Information for Parents, Guardians, and Caregivers (English, Vietnamese, Chinese, Korean, and Spanish). <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/decision-tool.html>

Substance Use

- The Journey to Recovery: Head Start Takes Action on Substance Use Disorders. <https://eclkc.ohs.acf.hhs.gov/mental-health/article/journey-recovery-head-start-takes-action-substance-use-disorders>
- Substance Use Disorders: Understanding the Basics (English and Spanish). <https://eclkc.ohs.acf.hhs.gov/mental-health/article/substance-use-disorders-understanding-basics>
- Neonatal Opioid Withdrawal Syndrome. <https://pediatrics.aappublications.org/content/pediatrics/146/5/e2020029074.full.pdf>

Staff Health and Wellness

- Friendly February 2021 (Arabic, Bengali, Bulgarian, Catalan, Chinese, Croatian, Czech, Danish, Dutch, English, Estonian, Farsi, Filipino, Finnish, French, German, Greek, Hebrew, Hindi, Hungarian, Icelandic, Italian, Japanese, Lithuanian, Mongolian, Polish, Portuguese, Romanian, Spanish, Swedish, Turkish, Ukrainian, and Welsh). <https://www.actionforhappiness.org/february>
- The Science of Happiness, Health & Well-being During COVID-19 (archived webinar). <https://nihcm.org/publications/the-science-of-happiness-health-well-being-during-covid-19>
- Keys to Well-Being. <https://greatergood.berkeley.edu/key>

- Equity and Inclusion: The Roots of Organizational Well-Being.
https://ssir.org/articles/entry/equity_and_inclusion_the_roots_of_organizational_well_being



Funding

- The **Maternal and Child Health Bureau (MCHB)** has launched the Promoting Pediatric Primary Prevention (P4) Challenge competition to respond to declining rates of vaccination and well-child visits. The P4 Challenge will award \$1 million in prizes for innovative approaches to increase access to and utilization of well-child visits or immunizations services within primary care settings. Partnerships with state and local organizations are encouraged. Submissions must include a primary care provider who delivers health services to children. MCHB expects to select up to 50 Phase 1 winners and up to 20 Phase 2 winners. In Phase 1 of the P4 Challenge, up to 50 applicants will receive \$10,000 to deploy the proposed approach in Phase 2. Submit responses beginning January 19, 2021, but no later than March 15, 2021. <https://mchb.hrsa.gov/P4Challenge>
- **Costco Wholesale's** primary charitable efforts specifically focus on programs supporting children, education, and health and human services in the communities where they do business. Award amounts vary. Deadline: Rolling. <https://forms.benevity.org/eb5f89d4-4631-4c20-8681-0186712671a0>
- **Doris Duke Charitable Foundation** Child Well-being Program promotes children's healthy development and programs that protect them from abuse and neglect. The Child Well-being Program awards grants by directly inviting organizations to submit proposals. Although unsolicited proposals are not being considered at this time, inquiries about future support for projects that fall within the Child Well-being Program's grant-making strategies can be submitted through a letter of inquiry. Due to the volume of funding inquiries, the Child Well-being Program does not accept funding inquiries over the phone. For more information about our funding strategies, please visit the program's Goals & Strategies section. <https://www.ddcf.org/what-we-fund/child-well-being/>