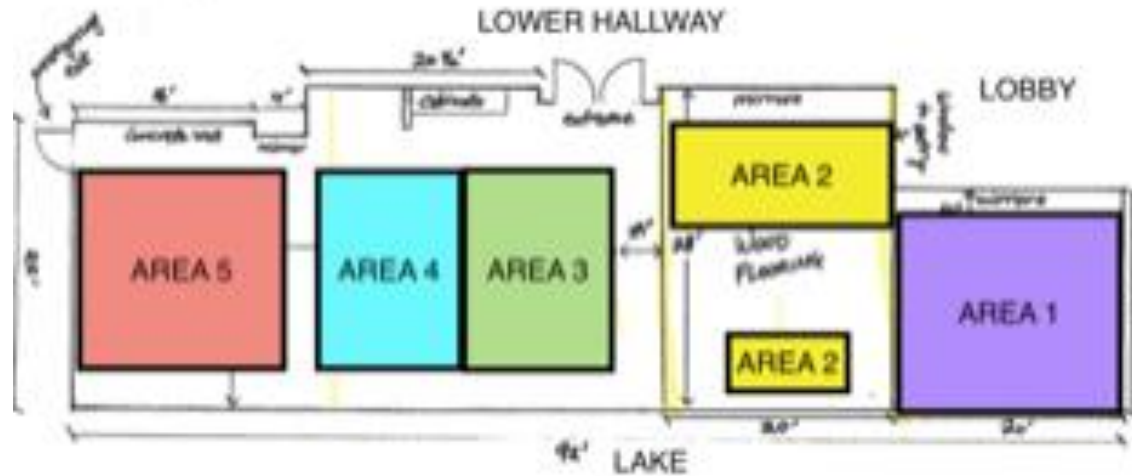


MIBC FITNESS CENTER



- *Area 1 (strength training):* free weights, benches, Smith machine & functional trainer
- *Area 2 (4 cardio options):* Stairmaster, elliptical, AMT, LeMond spin bike
- *Area 3 (4 cardio options):* treadmill, elliptical, AMT, upright bike
- *Area 4 (4 cardio options):* treadmill, elliptical, rower, recumbent bike
- *Area 5 (strength training):* selectorized strength equipment