

Monster Dash Glow Run/Walk 5K



Hosted by No Boundaries Nutrition



Saturday, October 18th, 2025

Starts at 5:00 PM • Race 6:30 PM • W.A. Olen Park Shelter

Join our family-friendly, non-competitive Monster Dash Glow 5K Run/Walk, or Volunteer!

Register by Tuesday, October 6th for T-Shirt Guarantee

Packet Pickup is on Thursday, October 16th 6:30-1:30 Friday, October 17th, 6:30 AM - 5:00 PM

No Boundaries Nutrition, 35 S. Main St., Clintonville, WI

Or on Saturday, October 18, 2025 between 5:00 - 6:00 PM at W.A. Olen Park enclosed shelter

(Rain Date: Sunday, October 19, 2025, 5:00 pm, 6:30 PM Race Start)

Registration Form

Registration includes a T-Shirt (if registered and paid by 10/6/25).

Same-day registration will be accepted - No guarantee of T-Shirt. Optional: Wear Halloween clothing.

First & Last Name: _____

Age on Race Day (Optional) : _____ Male _____ Female _____ Other _____

Address: _____

City: _____ State: _____ Zip Code: _____

Telephone/Cell Number: _____ Email: _____

☐ Under 4 FREE ☐ Ages 5-17 \$15 (\$20) ☐ Adults 18+ \$20 (\$25) ☐ Volunteer w/T-Shirt \$15

☐ Volunteer/No Shirt \$0 ☐ Family of 3+ \$50 (\$55) ☐ Family of 5+ \$80 (\$85)

(+ late fees after 5:01 PM on 10/6/25))

T-Shirt Sizes (Shirts are only guaranteed for preregistration before Mon, Oct. 6, 2025)

Circle One: Youth Med. Youth Lg. Adult Sm. Adult Med. Adult Lg. Adult XL Adult 2XL Adult 3XL

2025 Monster Dash Glow Run/Walk 5K – Race Waiver

I, individually, (and/or parent, and/or guardian of the named minor under 18) for and in consideration of acceptance of this entry in the 2025 Monster Dash Glow Run / Walk 5K, do hereby release, waive, and forever discharge Tracey Mengert and her family, City of Clintonville and/or Park & Rec., sponsors, volunteers, Down with Milestones (Clintonville, WI), or any other supporting groups of this said racing event, together with all their officers, agents, officials, employees, from any and all liability, claims, demands, actions, or causes of action whatsoever arising out of, or relating to injury, illness, loss, or damage including death, relating to the participation in the 2025 Monster Dash Glow Run/ Walk 5K. I further state I am in proper physical condition to participate in this event. In addition, I agree that my participation in this event requires that I will not participate with roller blades/in-line skates, skateboards, scooters, or anything which the race coordinator deems dangerous to myself and/or participants and that race coordinator may remove me from this event for said violation of said policy. I further grant permission to this race and organization conducting the race and/or agents authorized by them to use any photographs, videotapes, drones, and any other forms or recording of this event for race and for race promotion. I agree that all entry fees are non-refundable and that this entry is non-transferable. Thank you for participating and supporting Compassionate Connections Nutrition Mission Backpack Program, Clintonville Wrestling Club & Clintonville PTO Outdoor Classroom project

Signature: _____ **Date:** _____

Parent/Guardian Signature, if under the age of 18: _____

Send / drop off completed entry forms & fees: No Boundaries Nutrition, 35 S. Main St., Clintonville, WI (near Subway)

Questions? Contact Tracey: 715-250-1632 or traceymengert@gmail.com or Facebook: noboundariesclintonville