Kim Starr

Art Therapy

Kim Starr has a Bachelor of Arts in Psychology from Central Connecticut State University and a Master of Arts in Art Therapy (MAAT) from Albertus Magnus College. She has provided both group and individual art therapy sessions for a variety of populations, including 5 years with residents in memory care at McLean, a continuing care retirement community. She facilitated art therapy and wellness groups with veterans in a residential treatment program for PTSD. Kim has supported The Cove Center for Grieving Children, a non-profit grief support group for children for nearly 23 years, using art as a means of expression when the words were too difficult to find. She has facilitated and led grief activities for 6 years at Camp Erin Connecticut, a weekend grief camp for children. Kim also directs art therapy groups at New Horizons Village, a residential community that promotes independent living for individuals with physical disabilities. She is currently working with Bright Strides and US Horse Welfare and Rescue, combining art therapy sessions with equine assisted therapy. Kim is a Certified Grief Counselor and has filed for Licensed Professional Counselor (LPC) licensure with the state of CT and certification as a Registered Art Therapist (ATR) with the Art Therapy Credential Board. Kim is a member of the American Art Therapy Association (AATA) and the Connecticut Art Therapy Association (CATA).