Janet Rooney, A.P.R.N.

Janet Rooney is a certified Clinical Nurse Specialist in Child and Adolescent Psychiatric and Mental Health Nursing and a licensed Advance Practice Registered Nurse (A.P.R.N.) in Connecticut. She has a private psychotherapy practice in Wallingford, CT and more recently on Zoom! Her professional career includes extensive teaching at both undergraduate and graduate level Nursing programs at Boston University, Saint Francis Hospital Nursing School and Yale University School of Nursing (Y.S.N.). Over the years graduate students from Y.S.N. have done their Clinical rotations with Ms. Rooney. Clinical Supervision is a part of her practice which she enjoys immensely. Prior to diving into full time private practice, Ms. Rooney worked in both leadership and staff roles in mental health out-patient clinic settings and in-patient psychiatric facilities. Her favorite part of psychiatric nursing remains direct patient care.

Ms. Rooney is an avid learner and is involved in several Supervision/Professional Support Groups. She has always tried to hone her therapy skills and learn new therapeutic modalities by reading and attending conferences. When she doesn’t have her “work hat” on, Janet enjoys reading, walking and being with her family and friends. People who know her are very aware of how much she loves playing Bridge. Fortunately for Janet she can continue to play with her buddies on-line during the pandemic!