

Awesome Ideas for Random Acts of Kindness

- Buy coffee for the person behind you in line
- Compliment three people you talk to today
- Send a positive text message to five different people right now
- Post inspirational sticky notes around your house, neighborhood, office, school, etc.
- Say hi to the person next to you on the elevator
- Surprise a neighbor with freshly baked cookies or treats
- Let someone go in front of you in line who only has a few items
- Smile at five strangers
- Email (or write to) someone who has made a difference in your life
- Write a thank you note for the people who collect your trash/recycling
- Send a note or a card to someone in the military

- Kids... Tell your principal how great you think your teacher is
- Clear the dinner table... without being asked
- Thank your bus driver
- Use sidewalk chalk to write a cheerful message