



The Giving Tree
Teaching Kids to Give Back

Celebrating Gratitude

Gratitude Jar – Each day, everyone writes one thing they're thankful for and adds it to the jar. Read them together at the end of the month.

Gratitude Tree – Cut paper leaves and write notes of gratitude to hang on branches or a paper tree.

Gratitude Journal – Encourage kids to write or draw something they're thankful for each day.

Thankful Table Talk – Make it a family dinner tradition to share one thing you appreciated that day.

Alphabet Gratitude Game – Go around and list things you're thankful for from A–Z

Make Thank You Cards – For teachers, mail carriers, community helpers, or veterans.

Donate Toys or Books – Have kids choose gently used items to donate to children in need.

Create Kindness Rocks – Paint rocks with cheerful messages and leave them around the neighborhood.

Family Volunteer Day – Participate in a local food drive or community service project together.

Bake and Share Treats – Deliver cookies or snacks to neighbors, police/fire departments, or nursing homes.

Gratitude Collage or Poster – Cut out pictures or words from magazines that show what you're thankful for.

Photo Thankfulness Challenge – Take one photo a day of something that makes you happy.

Gratitude Scavenger Hunt – Find things around your home or outside that you're thankful for (something that smells good, feels soft, makes you laugh, etc.).

Thankful Chain – Add a paper link each day with something or someone you appreciate.

Bedtime Gratitude Routine – Before lights out, name three good things that happened today.

Family Storytime – Read books about kindness, generosity, or gratitude (like *The Thank You Book* by Mo Willems).

Kindness Jar – Add a bead or pom-pom each time someone in the family does something kind or helpful.