



Spread kindness as a family this holiday.

- 1) Bake together. Deliver the finished product to friends, neighbors, local police and fire departments. Don't forget to save some for those late-night snacks!
- 2) Leave notes of kindness on someone's windshield, in the mailbox or on someone's chair at work or school.
- 3) Create a new family tradition. Maybe watching a holiday movie or going to look at Christmas lights together as a family. Don't forget the cocoa!
- 4) Hold the door open for someone.
- 5) Text a friend or family member just to tell them how awesome they are.
- 6) Donate food to a local food pantry. [Contact us](#) if you need suggestions.
- 7) Make a special craft together. Maybe make ornaments for a neighbor.
- 8) While out there fighting the traffic... Let a car or two in front of you.
- 9) Create a project for someone experiencing homelessness. Check out our [project page](#) for ideas!
- 10) Reconnect with an old friend or family member you haven't talk to in a while
- 11) Take up a collection for The Giving Tree. Check out our [Wish List](#).
- 12) Make a bird feeder together. Click [here](#) for some fun ideas.
- 13) Smile! Smile at everyone you see!
- 14) Shop and support local small businesses this holiday season and throughout the year.
- 15) Candy cane bomb a parking lot or your neighbor's mailboxes.
- 16) Be kind to yourself.



The Giving Tree

www.givingtreefamilies.org