Interlake-Eastern Regional Health Authority
2026-27 Healthy Together Now Community Check Sheet

Project: _____

Sponsoring Organization: _____ **Date:** _____

PART 1 – Is your application eligible?

☐ Are there two signing authorities?

☐ Does the project focus on prevention activities that fall within at least one of the HTN pillars of: mental wellbeing, healthy eating, tobacco prevention/reduction or physical activity activities?

☐ If you have outstanding HTN projects or evaluation/monitoring reports, is there an approved plan in place?

HTN will NOT fund:

- Rental of office space or purchase of office equipment, deficit reduction, group with membership criteria, fundraising events, items that benefit a private business owner, alcohol/tobacco (Exception of tobacco products used for traditional purposes), team uniforms/promo wear.
- Donations to an organization, re-granting, cash prizes or gift cards and paid advertising costs.
- Capital costs – purchase, repairs or renovations, *fixed* equipment, trails.
- Ongoing funding or salaries for permanent staffing.
- Cost of a community project facilitator/coordinator that exceeds 50% of the overall project or initiative cost. Lower cost options such as volunteerism is always recommended.
- Equipment when it is the only part of the program. Is there a plan for storing and public access? Is equipment portable? (Resource materials, smaller cost items may be funded without educational support) Equipment for "pay to play" sports/groups and summer camps that required a membership or paid registration will not be funded.
- Programs that are not led by certified leaders, as required.
- Elite programming/instruction: HTN supports entry level/basic programming/instruction rather than advanced programming.
- Programs requiring paid registration (example; day camps with a fee, pay-to-play sports). Only free or low-cost programming for the community at large is eligible.

OTHER Food/snacks: Person with food handlers' certificate on site at all events with HTN prepared food.

- Programs with food preparation, without an educational component are not eligible. HTN does not fund breakfastprograms or snack programs.
- Snacks provided at a program are not generally eligible. Talk to your HTN Community Contact for clarification. Snacks may be funded if they support maximum community participation and learning potential of priority populations. Must be less than 1/3 of total cost of the total project cost, follow Canadas food guide, and there must be an educational component to model healthy eating.

PART 2 – Projects will be evaluated according to alignment with the Provincial Guiding Principles and Funding Guidelines of HTN. Priority will be given to projects that:

- ☐ Considers sustainability.
- ☐ Evaluation measures are in place.
- ☐ Demonstrates community capacity and leadership.
- ☐ Engages cross-sectoral partners.
- ☐ Is a new project, or a project that adds value to existing programs/services
- ☐ Demonstrates community investment of both financial and in-kind contributions, and other creative partnerships.
- ☐ Project description is clear and identifies goals.
- ☐ Uses community data such as community experience or: •MB Health Indicators Atlas •Mental Health of MB Children •Mental Illness Adult MB, and local community surveys or assessments.

Important: Preference will be given to projects that:

- ☐ **Address the social determinants of health** such as the conditions in which people are born, grow, live, work and age- such as housing, food, income, natural and built environments, social safety net and social inclusion *
- ☐ **Use an equity lens** by SPECIFICALLY promoting involvement of groups at most risk for chronic disease such as indigenous peoples, newcomers and refugees, visible minorities, people living in poverty, persons with disabilities, people experiencing long-term unemployment, homelessness or other types of economic and social marginalization *

Talk to your local HTN Community Facilitator on what this means for your project!

NOTES: