WAABISHKI BINESHIINS
IERHA INDIGENOUS HEALTH

Interlake-Eastern Regional Health Authority

Supporting relatives when accessing healthcare

Waabishki Bineshiins supports patients in the health system with navigation, relationship building, interpreting health information and understanding their options, with a major emphasis on language and culture. Their skills and cultural understanding are welcomed by both health care teams and patients who take comfort in their guidance and support.



Skaabes

The Indigenous Health Skaabe ensures relatives receive appropriate and safe patient-centred care during their stay in hospital and throughout the discharge planning process. This includes:

- navigating care,
- connection to services,
- advocacy,
- relationship building,
- interpreting health information, and
- facilitating health education, with a major emphasis on language and culture.



Social Workers

Social workers support and advocate for relatives and families who are receiving care, with knowledge of Indigenous teachings and health care. They provide system navigation and discharge planning through a cultural lens, to help facilitate safe plans of care. Social Workers can also provide counselling support to help relatives and families cope with challenges and improve their well-being.



Elders /Traditional Knowledge Keepers

The Elder/Traditional Knowledge Keeper carries Indigenous teachings from their ancestors and are knowledgeable in the ways of healing, spiritual care and ceremony. They may provide patients and their families with:

- guidance,
- personal consultation,
- cultural care, and
- support and mentorship.

ASK YOUR HEALTH CARE PROVIDER TO CONNECT YOU WITH WAABISHKI BINESHIINS

CALL (204) 482-2144

LEARN MORE: ierha.ca/indigenous-health