SENIOR CENTRE WITHOUT WALLS

REGISTRATION WORKSHEET - JAN - APRIL 2026

Date: _____ How did you hear about SCWW?_____
Name(s): _____ Phone Number: _____
Address/PO Box: _____ City/Town: _____
Postal Code: _____ Email: _____
Birth date: _____ Gender: _____
How do you want the materials sent to you? _____ Mail only _____ Email only

All participants will be called in ten minutes prior to the program start time using our audio conferencing system. Participants will also be provided with a toll-free number should they need to call themselves in. Information about this system and FAQs will be provided upon registration.

If a participant does not regularly attend programs for which they are registered, they will be taken off the registration and must contact us if they wish to join again.

Presentation Series

- ☐ Canadian Pop Music
- ☐ Wonderful Wildlife
- ☐ Welcome to SCWW
- ☐ Fact or Fiction
- ☐ The Bald Eagles
- ☐ Stories Behind Songs
- ☐ The Language of Natives
- ☐ The Regency Era
- ☐ Manitoba Parks
- ☐ The Artists Series
- ☐ Trish's Dishes
- ☐ Artificial Intelligence
- ☐ Pros Know 55+ Expo

Health & Wellness

- ☐ Estate Planning Below the Poverty Line
- ☐ Meditation Series
- ☐ Music Therapy
- ☐ This Full House Program
- ☐ Red Cross Friendly Calls
- ☐ A & O Programs & Services
- ☐ Art Therapy
- ☐ Frauds & Scams
- ☐ Comforts of Home-Care
- ☐ Bowel Health
- ☐ Aging
- ☐ ERIK Kits
- ☐ Heartburn
- ☐ Family Estrangement
- ☐ Estate Planning Basics
- ☐ A & O Programs & Services

Travelogues

- ☐ Travels of the World
- ☐ Quebec City
- ☐ Canadian Connections

Recognized Days

- ☐ Lunar New Year
- ☐ Valentine's Songs
- ☐ Eid Al-Fitr
- ☐ Passover

Literature Club

- ☐ Poetry Corner with Madde
- ☐ Short Stories
- ☐ Afternoon Book - A Palm for Mrs. Pollifax

Regulars

- ☐ 5-Minute Mysteries
- ☐ A Day in the Life of a Social Worker
- ☐ Biographies
- ☐ Bingo
- ☐ Brain Teasers
- ☐ Chat Pack
- ☐ Coffee Talk
- ☐ Culinary Corner
- ☐ Curiosity Club
- ☐ Evolution of Things
- ☐ Game Show Mania
- ☐ Good News
- ☐ Gratitude Group
- ☐ Idiom Addicts Plus
- ☐ Name That Tune
- ☐ Living Your Best Life
- ☐ Podcast Series
- ☐ Program Planing
- ☐ Radio Station 207
- ☐ Spelling Bee
- ☐ Talent Show
- ☐ Way with Words
- ☐ What's the Verdict?

NOTE: All participants must re-register for each new session.

You may register at any time during the session.

Pick the best method for you:

Phone: 204-956-6440 (Winnipeg)
Toll-free: 1-888-333-3121
Mail: 200-207 Donald St. Winnipeg, MB R3C 1M5
Email: info@aosupportservices.ca