



## Interlake Women's Resource Centre Inc.

The Interlake Women's Resource Centre Inc. continues to be OPEN Monday-Friday 9:00am-4:00pm during COVID-19. Currently we have No public entry however, we recognize Family Violence doesn't end because of a Pandemic, Isolation or Quarantine. IWRC continues to be open and here to help support you with counselling and resources through this uncertain time. As a Resource Centre we don't turn anyone away and have the ability to connect you with the appropriate resources you require.

We are currently providing one on one counselling, resource information and referral services over the phone or via video conferencing. You may access these services by calling our Centre @ 204-642-8264 or 204-641-1464 as well by emailing [iwrc@mymts.net](mailto:iwrc@mymts.net) . If no one is available please leave your name and phone number, all calls will be returned as soon as possible within 1-2 business days. If you are currently experiencing an emergency, please call 911. If you need to speak to a counsellor after 4:00pm please call the 24-hour Domestic Violence Crisis line at 1-877-977-0007 or the line for our area is Nova House at 204-805-6682.

IWRC is a grass roots, community-based women's resource centre that is dedicated to working with women and families experiencing domestic violence, Since 1984. IWRC's office is located in Gimli, Manitoba. Counselling and programs are available to all the communities within the Interlake region and beyond. Our catchment area includes: Arborg, Riverton, Fisher Branch, Hecla, Gimli, Winnipeg Beach, Dunnottar, Matlock, Teulon, Komarno, Stonewall and everywhere in-between.

Sincerely,

Jennifer Campbell Moore  
Director