

# Healthy Together Now



## Community/Sub Community Interlake Eastern RHA List and Wellness Facilitator Contact Information

### Arborg

Arborg, Silver  
Contact Jan Keryluk:  
[jkeryluk@ierha.ca](mailto:jkeryluk@ierha.ca), 204-642-1603

### Ashern

Ashern, Faulkner, Grahamdale, Gypsumville, Hilbre, Homebrook, Moosehorn  
Contact Andrea Dell:  
[adell@ierha.ca](mailto:adell@ierha.ca), 204-378-3116

### Beausejour

Beausejour, Brokenhead, Garson, Greenwald, Tyndall  
Contact Bonnie Stefansson:  
[bstefansson@ierha.ca](mailto:bstefansson@ierha.ca), 204-268-7440

### East Side Indigenous Communities

Aghaming, Bisset, Black River FN, Brokenhead Ojibway FN, Fort Alexander Sagkeeng FN, Hollow Water FN, Manigotagan, Seymourville  
Contact Michelle Berthelette:  
[mberthelette@ierha.ca](mailto:mberthelette@ierha.ca), 204-367-5402

### Eriksdale/Lundar

Eriksdale, Lundar  
Contact Caroline Le Clair:  
[cleclair@ierha.ca](mailto:cleclair@ierha.ca), 204-467-4407

### Fisher Branch

Dallas, Fisher, Fisher Bay, Fisher Branch, Harwill, Hodgson, Red Rose  
Contact Andrea Dell:  
[adell@ierha.ca](mailto:adell@ierha.ca), 204-378-3116

### Gimli

Fraserwood, Gimli, Matlock, Winnipeg Beach  
Contact Jan Keryluk:  
[jkeryluk@ierha.ca](mailto:jkeryluk@ierha.ca), 204-642-1603

### Lac du Bonnet/Pinawa

Lac du Bonnet, Pinawa  
Contact Caroline McIntosh:  
[cmcintosh@ierha.ca](mailto:cmcintosh@ierha.ca), 204-345-1220

### Northern Remote Indigenous Communities

Berens River, Berens River FN, Bloodvein FN, Little Grand Rapids FN, Pauingassi FN, Poplar River FN, Princess Harbour  
Contact Michelle Berthelette:  
[mberthelette@ierha.ca](mailto:mberthelette@ierha.ca), 204-367-5402

### Oakbank

Anola, Birds Hill, Dugald, Oakbank, Springfield  
Contact Caroline McIntosh:  
[cmcintosh@ierha.ca](mailto:cmcintosh@ierha.ca), 204-345-1220

### Powerview-Pine Falls

Albert Beach, Great Falls, Powerview-Pine Falls, Stead, St. Georges, Victoria Beach  
Contact Michelle Berthelette:  
[mberthelette@ierha.ca](mailto:mberthelette@ierha.ca), 204-367-5402

### Riverton

Bifrost, Little Bullhead, Matheson Island, Pine Dock, Riverton  
Contact Andrea Dell:  
[adell@ierha.ca](mailto:adell@ierha.ca), 204-378-3116

### Selkirk

East Selkirk, Grand Marais/Grand Beach, Libau, Lockport, Selkirk, St. Andrews, St. Clements  
Contact Bonnie Peloski:  
[bpeloski@ierha.ca](mailto:bpeloski@ierha.ca), 204-785-7544

### St. Laurent

St. Laurent  
Contact Caroline Le Clair:  
[cleclair@ierha.ca](mailto:cleclair@ierha.ca), 204-467-4407

### **Stonewall**

Argyle, Grosse Isle, Rosser, Stonewall, Stony Mountain, Warren, Woodlands

Contact Caroline Le Clair:

[cleclair@ierha.ca](mailto:cleclair@ierha.ca), 204-467-4407

### **Teulon**

Gunton, Komarno, Narcisse, Teulon

Contact Caroline Le Clair:

[cleclair@ierha.ca](mailto:cleclair@ierha.ca), 204-467-4407

### **West Side Indigenous**

Dauphin River FN, Fisher River Cree Nation, Kinonjeoshtegon FN (Jackhead FN), Lake Manitoba FN (Dog Creek FN), Lake St. Martin FN, Little Saskatchewan FN, Peguis FN, Pinaymootang FN (Fairford FN)

Contact Bonnie Peloski:

[bpeloski@ierha.ca](mailto:bpeloski@ierha.ca), 204-785-7544

### **Whitemouth**

Elma, Hadashville, Prawda, Rennie, Reynolds, River Hills, Seven Sisters, Ste. Rita, Whitemouth

Contact Marilyn Sitar:

[msitar@ierha.ca](mailto:msitar@ierha.ca), 204-348-7191 ext 4240