

Family Game Night is a lost tradition in many homes. Spending time with your household is a very safe way to have fun these days so let's bring game night back!

Pick a night and plan some games, here are some ideas to **get some real face time with your family**.

- Dust off the board games. Have a few on hand and don't be afraid to try a new one if no one is having fun. [If you're feeling creative you can try creating your own family game, click here for tips and ideas!](#)
- Puzzle time! Puzzles are great because they come in so many sizes and age/skill levels. Love it when you're done? You can find great ideas online to frame your puzzle inexpensively.
- Card games can help kids with hand eye coordination, math skills and even emotional development. Try these [10 kid-friendly card games](#).



- For some after dark fun, wow the kids with glow bowling at home! Glow sticks in water bottles and any ball you have on hand will make some great memories.

- Painted rocks is all the craze this summer for artists big and small at any skill level! Paint them and hide them in your community. They're fun to hide and fun to find. Keep the rocks you find or leave them for the next searcher.



- Head outdoors for some backyard fun. Old classics like sack races, hopscotch, tug of war, simon says, and scavenger hunts can all be done while practicing physical distancing if you're inviting friends. Remember to follow all public health recommendations for outdoor gathering sizes, maintain physical distancing with those outside your household, and sanitize any shared equipment between turns!



**Interlake-Eastern
Regional Health Authority**