

## **Outreach Counselling Services are Available in Riverton!**

The Riverton Community Health Centre is pleased to host Gloria Thomas from Gimli's Interlake Women's Resource Centre. Gloria provides no-cost counselling services by appointment on Fridays in Riverton. The IWRC is a grass-roots, community-based Resource Centre that has been working with women and families since 1984. Outreach counselling can also be arranged in various locations, and virtual counselling services are also available upon request. Many community members have benefited from Gloria's services, through both individual and family counselling. To schedule a session with Gloria, please call 204-407-8269.

**For more information on the services and programs offered by the Interlake Women's Resource Centre, please visit: <https://www.iwrc.ca/>**

Contributor:

Andrea Dell, BSW RSW  
Community Wellness Facilitator  
Interlake-Eastern Regional Health Authority  
Riverton Community Health Office  
[adell@ierha.ca](mailto:adell@ierha.ca)  
Ph: 204-378-3116

