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## TREES AND NATURE NEED TO BE PREPARED FOR THE STORM!

Hurricanes! Extreme Storms! Even a local thunderstorm. The trees and Beings of Nature need to be prepared!

Use these Whispers® because they will **empower YOU!** How? Your biofield and the power of your heart and mind are impacting

trees and others who need healing and balance to withstand the extremes of climate change. Whispers do not attempt to control Nature, they prepare Living Beings with specific instructions to restore functionality, interconnectivity, and health.

Practical actions are only half of what is needed for a livable planet. The other half that's needed to avoid environmental collapse and co-create a livable planet is **YOUR DIRECT AND CONSCIOUS COMMUNICATION AND INTERACTIONS WITH NATURE!**

## SHARING AND CREDIT

Please freely share these Storm Prep Whispers, but don't change them in any way. Find "Whisper Along With Me" audio MPs at [PartnerWithNature.org](http://PartnerWithNature.org). Whispers® are based on advanced ecological healing work developed by Dr. Jim Conroy. Please credit Dr. Jim Conroy and Ms. Basia Alexander as authors. Please send your feedback, stories, comments to [basia@PartnerWithNature.org](mailto:basia@PartnerWithNature.org). Please go to [PartnerWithNature.org](http://PartnerWithNature.org) for insight into use of Whispers.

## BEGIN HERE:

- When you say (quietly or aloud) each of these Whispers or requests, you are connecting with Nature's Consciousness, Divinity, LIGHT energy, the Elements, and/or other invisible/dimensional helpers. Imagine you are inside a ball of LIGHT. Feel peaceful.
- Ask: "Please create a bubble or sphere of protection around me at all levels as I do these Whispers."
- Touch/be near a local tree/plant/living Being: you are in a bioenergy overlap with it. Ask permission: "Will you be a go-between to the Nature Beings in the storm area? Is that okay with you?" If you perceive a "yes", tune-in to what its life is like. Come from its point of view, as if you were seeing through its eyes or feeling with its senses.
- You should feel good or positive as you continue. If you feel bad in any way, stop immediately.
- Pause between each Whisper, allowing feelings or knowings to arise. Please take notes. Share your experiences with [basia@PartnerWithNature.org](mailto:basia@PartnerWithNature.org) or use #HealEcoDamage on social media.

## STORM PREP WHISPERS FOR ALL ECOSYSTEM MEMBERS IN ANY KIND OF STORM:

1. "Trees, Plants, Animals, Insects, Microscopic Organisms, People, and All Others: I care for you. There is a big storm coming.
2. "I ask Light Energy, Life Energy, Growth Energy, Universal Rhythm, Sophia/Gaia, and all I may consider to be Divine to facilitate connection, flow, and spiraling within and between All.
3. "Roots, please grip soil and earth with all your might. Element of Earth, please hold roots tight.
4. "Trunk, branches, and stems, please be supple and bend like a dancer.
5. "Leaves, please drop if appropriate. Become slippery and turn so the wind-driven rain slips past you or any snow slips off.
6. "Community of Green Beings, please tighten your web of connections above and below ground.
7. "All ecosystem members, please become connected and interconnected.
8. "Orchestrate inner parts, systems, functions, and network patterns to adapt and prepare for the storm, as appropriate to you.
9. "Align your physical structures, bio-energy fields, and vibrational songs with the goal of surviving the storm in synergy.
10. "Nature: Be in Balance! Living Beings be in balance with the storm's force. Storm: be in balance with living Beings.
11. "Element of Earth, please help all to be fully grounded and to adapt to the changes.
12. "Element of Air, please caress, not assault.
13. "Element of Water, please flow smoothly over.
14. "Element of Fire, please give strength, coherence, and synergy to the whole.
15. "I thank the Elements and Synergies of Earth, Air, Fire, and Water, and Elemental Form Builders for their interactions and for being my Co-Creators... I ask them to (a) Hold this new whole together greater than the sum of its parts. (b) Help goals, ideals, and innate potentials flow into The Physical and back. (c) Help All withstand changing conditions, negative energies, stressful forces, climate extremes, and any disruptions."
16. "Spirit of the Storm, please integrate peacefully with the ecosystem and with the Spirit of the Land.
17. "Spirit of the Land, please meet the Spirit of the Storm with serenity.
18. "I \_\_\_\_\_ LOVE these Beings and this planet. I am their partner. On their behalf, I have asked these things so that they and I—and our world—can survive and thrive at all levels and in all dimensions. We are unified as One.
19. "Thank you, and thanks to all invisible helpers. I thank myself for doing this."