## Three Hour Interactive Workshops led by The Rev. Peter Fritsch of Pecs, Hungary.

Wednesday Oct. 4, Workshop One. 9 a.m. to 12 p.m. Workshop Two. 1 to 4 p.m. Trinity Cathedral Sacramento \$40 registration *per workshop*. Email Peter at <u>plfritsch@hotmail.com</u> to reserve space. Payment at door, cash or check

## About Workshop One: How God Speaks to Us in Dreams for Healing and Wholeness

This workshop provides an understanding of how God may be guiding or healing us through our dreams. Peter will give a historical overview of why dream work faded out as a spiritual practice by the Fifth Century in the Western Church but never lost its authority in the East.

Participants will learn how to understand the basic structure and symbolic language of their dreams. They will also learn how to use scholastic reference books on world symbolism to help them do their own individual dream analysis. Fritsch teaches how knowing one's ancestral roots and cultural heritage aid in understanding the dream. He will give a summary of the common archetypes and symbols which appear in dreams and how this knowledge can strengthen one's contemplative, inner life. Participants are encouraged to bring dreams to the workshop they would like to discuss.

Fritsch learned dream work by working twice a month for eleven years with renowned Jungian writer and Episcopal priest, John A. Sanford of San Diego. Peter also has studied with Morton Kelsey, Robert Johnson, as well as other teaching analysts at the Jungian Institute in Switzerland.

## Workshop Two: Three Hour Workshop: The Fisher King and the Handless Maiden

Recovering the Feeling Function and Creativity in Masculine and Feminine Psychology. Participants will learn:

- How to regain trust in their intuition and natural, God given instincts.
- How to understand when and where they lost their sense of personal power through neglect, abuse, lack of unconditional love and carrying the shadow of unlived lives of one's family.
- How to find their inner strength through the healing of the feeling function.
- How, through the indwelling Christ, participants can become their own affirmative best friend.
- How to discern between intuition and the leading of the Holy Spirit and trust both.
- How to appreciate one's family heritage and simultaneously be free of all burdens from this heritage.

The Fisher King, a part of the Holy Grail story, evolved during the heights of medieval chivalry, when there was a high valuing of the feminine spirit. Participants will learn how the Hero/Heroine myths of the Fisher King and The Handless Maiden, 12<sup>th</sup> Century European motifs, fit together to show the dynamics of transformation that every person can realize to become whole.

**Peter Fritsch**, scholar, teacher, priest, musician, spiritual director, is the author of *A Moment of Great Power:* Sacramental Prayer and Generational Healing, Dreams: A Spiritual Guide to Healing and Wholeness, and Hungary: Finding A Place to Call Home.

Fritsch, founding missioner of St. Augustine of Canterbury in Rocklin, CA is a vigorous proponent of the inner life. He combines biblical scholarship with mythological studies to help people heal and deepen their Christian spirituality. He has been teaching workshops on healing prayer and dream work for thirty eight years. Peter has his Masters of Divinity from *The Church Divinity School of the Pacific, Berkeley*, and his Bachelors of Music Therapy from *The University of the Pacific, Stockton, CA*. He worked in spiritual direction with John A Sanford for eleven years. Additional mentors have been Morton Kelsey, Robert Johnson and Don Bisson, OM.

Peter also studied with Verena Kast, Grail scholar John Hill, as well as other teaching analysts at the Jungian Institute in Kusnacht through the Einseideln Conferences on Christian Jungian Dialogue, Einseideln, CH.