

Not everyone can make it to meetings in person. Here are some resources that many use to access vital recovery support online from home:

Alcoholics Anonymous



aa-intergroup.org/directory.php
onlinegroupaa.org
aaonlinemeeting.net



Narcotics Anonymous

virtual-na.org
na.org/meetingsearch
*for country, select "Web"

Online/Digital Recovery Support Resources

SMART Recovery

smartrecovery.org/smart-recovery-toolbox/smart-recovery-online
smartrecovery.org/private-convenient-online-recovery-support



Other Resources

addictioncampuses.com/alcohol/apps-for-recovery
sobergrid.com/howitworks
intherooms.com/home
unityrecovery.zoom.us/my/allrecovery

