

A SOLUTIONS GROUP

APPLY THE POWER OF KNOWLEDGE

Charting the LifeCourse

GOOD LIFE GROUP

a ZOOM@noon discussion group



All people have the right to live, love, work, play, and pursue their own life aspirations.

Charting the LifeCourse was created to help families and individuals of all abilities and all ages develop a vision for a good life, think about what they need to do, determine how to find or develop supports, and discover what it takes to live their best lives. The Good Life Group utilizes Charting the LifeCourse tools to help with the planning process.

- Join us for an opportunity to support and learn from one another while exploring, planning and problem solving.
- You are already doing a lot of work to plan and find solutions for you and your family. Why not join other like-minded families and discover some new ideas and methods?
- The group focuses on transition/adult planning ages.

The Good Life Group is facilitated by Charting the LifeCourse Mentor Donna Kushi. Please email Donna at donna.kushi@servicenet.org if you have any questions. Registration is required.

REGISTER

**The Good Life Group meets the first Wednesday of each month,
September 2025 - June, 2026, 12 p.m. – 1 p.m.**



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