



Recreation Opportunities

Webinar, Tuesday, December 14, 2021
12:00 p.m. - 12:45 p.m.
LUNCHTIME WEBINAR

Are you looking for more opportunities for recreation and to extend the social circle of your loved one?

Join Family Empowerment and representatives from three local recreation programs that have had great success in creating opportunities for individuals with disabilities.



Whole Children provides recreational, social and enrichment programs for children and teens of all abilities, including those with special needs.

All classes have built-in skill-building components, whether it's teaching the finer points of basketball, how to navigate the playground, or how to talk to friends. Whole Children is a social/recreation center that welcomes families and students of all abilities, philosophies, and cultures.

PRESENTER: Maggie Rice, Director of the Inclusive Community Center (ICC), home of Whole Children.



Milestones Recreation and Enrichment opportunities offer continued learning and activities in the years after school for teens and young adults.

Classes are designed to teach the building blocks of becoming dependent adults, including social skills, friendship, boundaries, safety, dating, sexuality, and so much more.

Milestones uses an innovative curriculum of group classes which include Performing Arts, Boundaries and Relationships and some established favorites!

PRESENTER: Maggie Rice, Director of the Inclusive Community Center (ICC), home of Milestones.



It can be challenging to find compelling recreational activities for adults and children with disabilities. **CHD** has a dedicated staff that is driven to provide the best possible options for all our participants in Western Massachusetts and Connecticut.

Barrier-free recreation allows everyone to live an active life. Whether you're drawn to the beauty of dance or the thrill of rock climbing, *All In* will help you pursue your passions.

PRESENTER: Jessica Levine is the Program Manager for Disability Resources at the Center for Human Development (CHD).

Date/Time:
 RSVP:
 Questions:

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 RSVPs are required for this online event. Register [HERE](#).
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Family Empowerment

a Pathlight program

