

DIETARY WORKSHOP

Participants

Autistic adults, 18+

When

May 28, 2026

Time

5:00-8:00PM

Location

Autism Connections
11 Village Hill Road, Northampton

Questions

Contact Vivian Wood at
vwood@servicenet.org

[Register](#)



Join Autism Connections for an informational workshop based on basic dietary needs/guidance.

Dietician Lacresha Bowers from the UMass Extension Nutrition Education Program will be joining us to provide guidance on what are the basic dietary needs we have as people.

There will be an option for an individualized session with Lacresha Bowers at the end of the presentation.



Autism Connections is a Pathlight program of ServiceNet

Hampshire County
11 Village Hill Road
Northampton, MA 01060
413-585-8010

Franklin County
101 Munson Street
Greenfield Corporate Ctr.
Greenfield, MA 01301
413-585-8010

Berkshire County
75 South Church
Street, Suite 402
Pittsfield, MA 01201
413-443-4780

Hampden County
220 Brookdale Drive
Springfield, MA 01104
413-585-8010