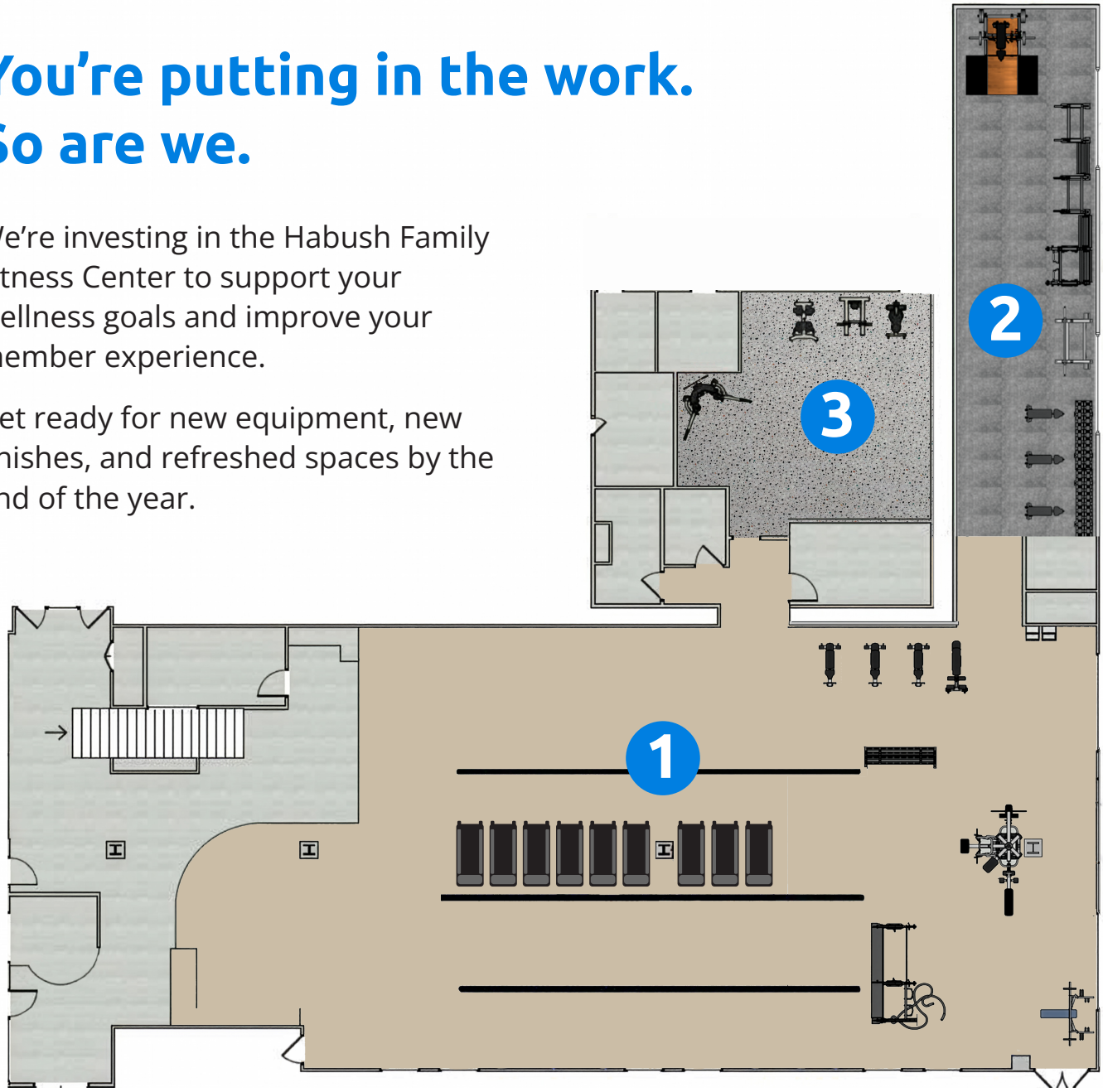
You're putting in the work. So are we.

We're investing in the Habush Family Fitness Center to support your wellness goals and improve your member experience.

Get ready for new equipment, new finishes, and refreshed spaces by the end of the year.



1 The Floor

Build on your routine with new equipment, benches, and better storage alongside the strength and cardio equipment you already know and use.

2 The Yard

Make your next move with new training stations, a deadlift platform, and turf for functional workouts and Hyrox training.

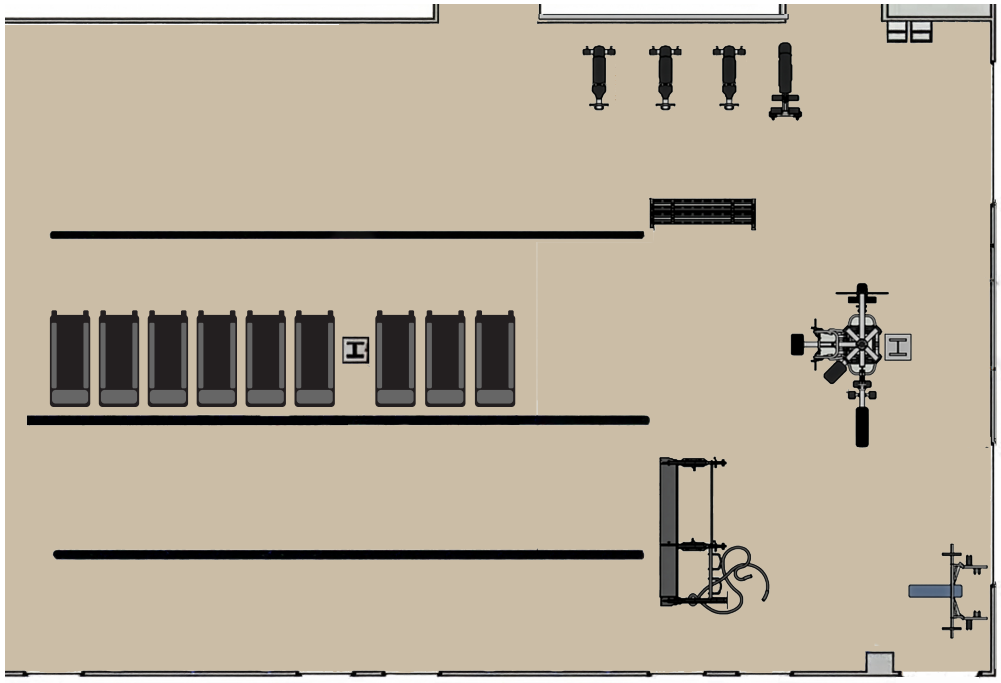
3 The Flex Studio

Find a quieter, more private place to stretch and build strength, with cushioned flooring and new equipment supporting a range of physical abilities.

You Belong Here

Harry & Rose Samson Family
Jewish Community Center

The Floor



Your favorite cardio and strength equipment will remain in this space.

NEW EQUIPMENT

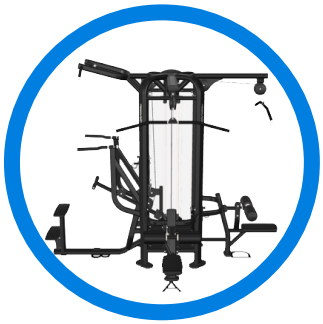


LIFE FITNESS

9 NEW TREADMILLS

ALREADY DELIVERED!

Enjoy a more comfortable, connected walk or run with cushioned decks, vibrant touchscreens, on-demand workouts, and Bluetooth connectivity.



LIFE FITNESS

PWR PLAY

Target your upper body with lat pulldowns, rows, and assisted chin-ups and dips, all in one versatile training station.



LIFE FITNESS

SYNRGY

Keep training tools organized and within reach, with integrated storage, cables, a wall ball mount, a rope anchor, and a pull-up bar for more ways to work out.



LIFE FITNESS

OLYMPIC FLAT BENCH

Power your bench press with a sturdy, supportive setup for focused chest and upper-body training.

PLUS

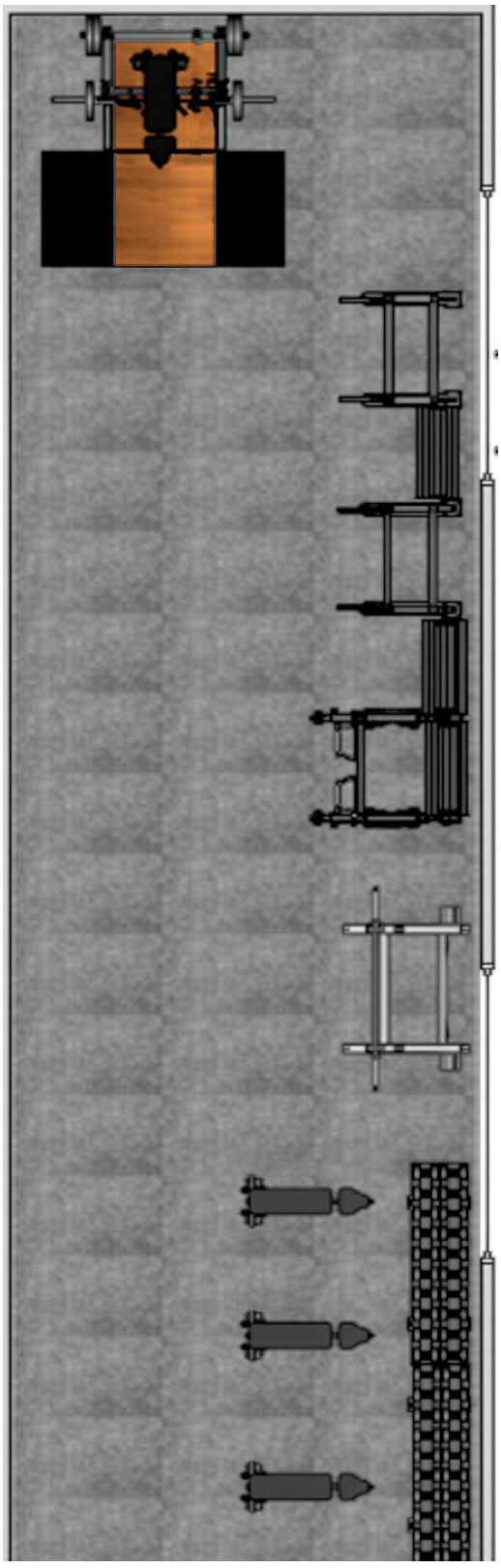
Additional benches and dumbbell racks for this space.

NEW FIXTURES

- Fresh Paint
- Countertop material added to window ledges

You Belong Here

The Yard



NEW EQUIPMENT



LIFE FITNESS

SMITH MACHINE

Build strength with squats and presses using a 7-degree guided bar angled to follow your natural movement.



LIFE FITNESS

DEADLIFT PLATFORM

Focus on your lifts with a stable, dedicated surface designed to protect the floor and reduce noise.



LIFE FITNESS

DUAL ADJUSTABLE PULLEY

Add variety to your routine with adjustable cables that offer a wide range of strength and functional training exercises.



LIFE FITNESS

STORAGE SOLUTIONS

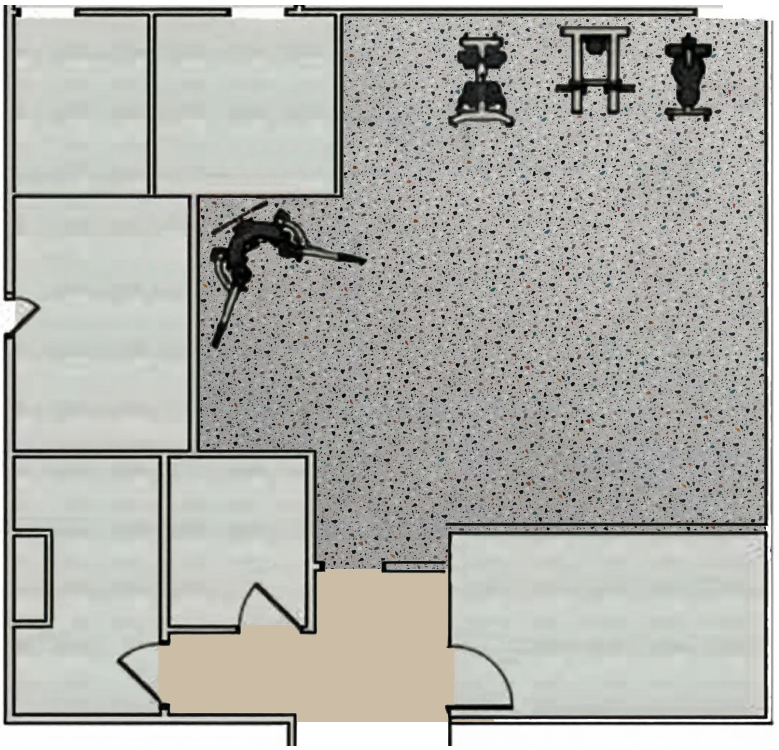
Spend less time searching and more time moving, with new dumbbell racks that keep weights organized and within reach, plus new half racks and benches for more ways to train.

NEW FIXTURES

- Turf Flooring
- Fresh Paint
- Mirrors

You Belong Here

Flex Studio



Skierg and stretching table will remain in this space.

NEW FIXTURES

- Cushioned Flooring
- Fresh Paint

NEW EQUIPMENT



LIFE FITNESS

UNIVERSAL CABLE

Offers adjustable strength training for a wide range of abilities, with easy-to-position arms and an accessible design that accommodates seated, standing, and wheelchair workouts.



LIFE FITNESS

ROMAN CHAIR

Build core and upper-body strength with this versatile station for leg raises, dips, and chin-ups.



LIFE FITNESS

ABDOMINAL CRUNCH BENCH

Strengthen your core with this piece that follows the motion of a crunch for focused abdominal training.



LIFE FITNESS

BACK EXTENSION

Build lower-back strength with angled pads and lower rollers that provide support throughout your workout.

You Belong Here