

Things I Must Earn

Not able to hear the whispered blessings & guidance from God
I have become deaf
I am driven by fear & false pride
Every day I face Satan & feel like the walking dead
Not able to see the beauty that is all around me I have become blind
A prisoner in my own mind my skull the cell bars my emotions are stuck behind
I am bound & shackled to this addiction it is the ultimate ruler & I am it's slave
When it's hungry if not fed w/ God & the 12 steps will slowly dig me 6 ft under dead in a grave
While my past keeps pulling me back, the present keepin me stuck, & the future having me
worried

Not learning to take life
A Day At A Time is truly detrimental to my Process of
Recovery
Living for the next high Addicted to the lifestyle knowing it
will all end in disaster
Feeling like Pinocchio b/c I've allowed the drugs to take over
& now I'm a puppet
My soul sold to the Devil
self-willed, self seeking,
self centered, pathologically lying
And my life I am completely destroying



I am hurting inside strung out to the gills my mind & body
dangling from these strings being conducted to do these crazy, deceitful, & manipulative things
My thinking process completely insane, the voice of my disease is Jeppeto the puppet master
I am having a mental break down making excuses wedged in denial
Always on the defense feeling prosecuted like a defendant on trial
I try to find someone to point fingers at any one but me is to blame
I feel so sick with all this self inflicted pain, guilt, & shame
I don't want to look inside myself so I put the focus on others so I don't have to feel
I want to be numb & my way out is anything that takes me out of myself so I don't have to deal
With the realities of life, I ask myself questions like, "What type of person do I want to become?,"
Where do I fit in?

What is my purpose in Gods plan?
Will I be able to build a solid foundation not one built on sand?
Can I let go of the control & let my higher power be in command?"
Today I am aware I can not do this alone & that I need to ask for Gods helping hand
Surrender to his will & lean on him at all times so that I am able to stand
Praying for Strength & Guidance in finding the Willingness to be Open Minded
Open up my eyes so that I may see that Gods presence is always on my side
I'm paying attention & listening so that I may hear Gods wisdom speak through others so very
clear

I am walking by Faith so that I may work through my issues with Fear
Finding that Acceptance is my Key to Freedom but Freedom is not Free
It comes with Choices that lead to Decisions so that I may live Responsibly

Every day I am making a conscious decision to put my Knowledge into Action
Knowing that in Life, Recovery works only through "Understanding" & "Application"
Love myself first then understand that LOVE is "Letting Others Values Exist"
Finally, I must comprehend & learn that I can not have what I want when I want it
It will only come in Gods TIME because they are
"Things I Must Earn"

-Elizabeth Mooney is a woman in recovery and works for MOAR as Regional Coordinator for the Southeast and Metrowest areas. Contact her at Elizabeth@moar-recovery.org