



## Youth Mentoring Program

**N.E.S.T. Group Facilitators:** Lead weekly virtual group sessions for boys and girls for 8 weeks.

(education, health & nutrition, conflict resolution & mental health backgrounds preferred.)

**Mentors:** Do you have a passion for the helping and supporting the youth? Do you want to give that advice that you never got? If you are looking to make a difference, sign up to be a mentor today!

**Topics Include:** Resilience, teambuilding, health & wellness, academics, goal setting, hygiene & etiquette, coping skills, handling conflicts.

**Volunteer Hours Available**

Ages 6-8 Tuesdays  
Ages 9-11 Wednesdays  
Ages 12-14 Thursdays

[www.takech9rge.org](http://www.takech9rge.org)

call 216-213-0323

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