

DISCIPLE FORMATION

Grow in Faith

Lead with Purpose

**For Christ's Church and God's beloved world,
Disciple Formation Matters**

Disciple Formation is central to the University of Dubuque Theological Seminary's approach preparing students for faithful, sustainable ministry. Rooted in the seminary's commitment to theological reflection and spiritual practice, the sequence supports students as they attend to God's work in their lives and vocations, integrating faith with the realities of ministry over time.



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About Disciple Formation

- A two-year, four-course sequence
- Cultivate sustainable rhythms of faith, self-care, and ministry.
- Participate in a weekly rhythm of reflection, practice, and guided conversation
- Engage God's work in your life.

Each 0.5-credit course is offered online and in person and is open to all UDTs and unclassified students.

Formation Sequence Year 1

Making Space for God (Fall)

- Practice making space for God
- Engage Christian practices
- Discern sustainable rhythms of self-care
- Begin to develop a Rule of Life

Embracing God (Spring)

- Deepen intimacy with God
- Reflect on spiritual practices through the church year
- Evaluate habits
- Engage the spiritual practices of historical figures

Formation Sequence Year 2

Addiction and Grace (Fall)

- Define grace-shaped ministry
- Understand the role of grace in addiction
- Discern boundaries around use of social technology and screens

Immersed in the Story (Spring)

- Consider vocational discernment through the book of Jonah
- Discern faithful limits and commitments
- **INTEGRATE FAITH, LIFE, AND MINISTRY**

Want to Register? Have Questions?

Contact Krista:

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