



2026 Overnight Camp

Parent and Camper Information Booklet



ymcawanakita.ca





Shine On



1883 Koshlong Lake Rd., Haliburton, Ontario K0M 1S0

Ph: 1-800-387-5081 or (705) 457-2132

Email: wanakita@ymcahbb.ca | ymcawanakita.ca

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Welcome Campers and Families

Are you ready for summer? Camp will be here before you know it. There is a lot to think about before you arrive at YMCA Wanakita. Inside is all the information you will need for a safe and fun YMCA Wanakita experience.

Please take time as a family to talk about the upcoming camp experience. Questions, concerns and anxiety are a normal reaction to leaving home for any length of time. Camp life and its routines differ significantly from life at home. A discussion before summer camp begins will make the transition from home life to camp life a smooth one.

See you soon,

Cam Van Velzen,
Summer Kids Camp Director





Contact Information

Main Office	1-800-387-5081 ext. 2221
Email	wanakita@ymcahbb.ca
Website	ymcawanakita.ca
Summer Kids Camp Directors Office	1-800-387-5081 ext. 2246
Mailing Address	Your Camper's Name YMCA Wanakita 1883 Koshlong Lake Rd. Haliburton, ON K0M 1S0

Summer Session Dates

Session	One Week Campers
A1	Sunday, July 5 - Friday, July 10
A2	Sunday, July 12 - Friday, July 17
B1	Sunday, July 19 - Friday, July 24
B2	Sunday, July 26 - Friday, July 31
C1	Sunday, August 2 - Friday, August 7
C2	Sunday, August 9 - Friday, August 14
D1	Sunday, August 16 - Friday, August 21
D2	Sunday, August 23 - Friday, August 28
Session	Two Week Campers
A	Sunday, July 5 - Friday, July 17
B	Sunday, July 19 - Friday, July 31
C	Sunday, August 2 - Friday, August 14
D	Sunday, August 16 - Friday, August 28
Session	Four Week Leadership Campers
AB	Sunday, July 5 - Friday, July 31
CD	Sunday, August 2 - Friday, August 28

Getting To and From Camp

Maps and Directions

Directions via various routes are available at ymcawanakita.ca, under the **ABOUT US** menu.

We have found that Google Maps is the most reliable program when it comes to getting directions online: 1883 Koshlong Lake Rd, Haliburton, ON, K0M 1S0.

Bus Transportation

A coach bus service is available from Hamilton, Burlington, and North of Toronto. Requests for bus transportation to and from camp must be made with the camp office at least four weeks prior to the start date of camp. All changes to transportation must be made in writing. Space is limited on the buses and last minute additions cannot always be accommodated.

Please note that the Wanakita staff will remain at the bus area until all children are picked up on the departure trips.

Authorized Pick-up – All Campers

A week before the beginning of your camp an email with the subject "Transportation Confirmation" is sent to the listed email in each camper's profile. This email specifies how we are expecting each camper is going to arrive at and depart from camp. If the information in this email differs from your plans we ask that you contact our main office immediately.

We also double check each camper's travel plans prior to their departure. If a discrepancy is detected we will contact the campers household for confirmation.

Changes to your camper's Authorized Pick-up or pick-up location, must be made in advance and must be made in writing to [YMCA Wanakita at wanakita@ymcahbb.ca](mailto:wanakita@ymcahbb.ca). Unfortunately last minute changes to pick-up location or means of pick-up may not be possible due to space or other factors.

Pre-Departure Checklist

- Check packing list to ensure that your camper has what they will need
- Double check transportation arrangements and ensure that any changes have been communicated in writing with YMCA Wanakita's office at wanakita@ymcahbb.ca
- Ensure money for tuck shop and laundry has been put on your camper's account (optional)
- Ensure all medical/personal information provided at registration is complete and new or changed information has been provided to the office
- Ensure all emergency contacts and numbers are current
- Sign up for Bunk Notes email service (if you would like to send one-way emails to your camper)
- Attach clothing labels to camper belongings for identification should they get lost
- Provide appropriate quantity of medication for duration of camp in the original container



Transportation Schedule

Transportation To Camp

By Bus

City	Pick Up Point	Time
Hamilton	Mohawk College – Hamilton Mtn - Fennell Ave Entrance Parking #P8	8:00 am
Burlington	Ron Edwards Family YMCA – 500 Drury Lane, Burlington	8:45 am
North Toronto	Northbound Hwy 400 – OnRoute Service Centre - Between Major Mackenzie and King City Road	9:45 am

By Car

Please check in at Main Office	12:30–1:15 pm
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Transportation From Camp

By Bus

City	Drop Off Point	Time
North Toronto	YMCA Cedar Glen-13300 11th Concession Rd, Schomberg, ON LOG 1T0	1:15 pm
Burlington	Ron Edwards Family YMCA – 500 Drury Lane, Burlington	3:15 pm
Hamilton	Mohawk College – Hamilton Mtn - Fennell Ave Entrance Parking #P8	4:00 pm

By Car

Please check in at Main Office	10:30 am
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Arrival Information

Arriving by Bus

The YMCA Wanakita bus must stay on time to arrive to camp on time. The bus will depart pick-up locations sharply at the departure time.

A snack and juice will be provided by staff during the trip and there is a bathroom on the bus.

Please do not give any money, camp forms or medication to the bus staff.

- Arrive at your registered bus stop at least 30 minutes prior to the departure time
- Connect with the YMCA Wanakita bus staff members to be checked in
- A staff member will help load your luggage
- A staff member will perform a head lice check*
- Upon arrival at YMCA Wanakita, campers with their carry-on belongings, will be escorted off the bus to join campers who have arrived by car. Staff members will unload camper luggage from the bus.

After a brief welcome message, campers are divided into their cabin groups and then head up to the dining hall for lunch.

***Please Note:** *A head lice inspection is done prior to campers boarding the bus to avoid a situation where parents would have to come to camp to pick up a child once they have arrived at camp. Our head lice protocols are outlined later in the guide.*

Arriving by Car - 12:30pm

As many as 300 campers arrive on arrival days. Please drive carefully on Koshlong Lake Road. There may be cars parked and lots of pedestrians on the road approaching camp. ***Please call the camp office if you will be over an hour late.***

- Follow staff instructions on where to park your car – leaving space for emergency vehicles and our busses
- Upon arrival sign in at the arrival table

- Drop luggage at the marked luggage spot (by camper section e.g. Juniors/Intermediates)
- Go to the head lice station to have your camper checked for head lice
- Take the opportunity to speak with Health Centre staff, confirm your Personal Choice Activities (PCAs) and/or make changes and meet your counsellors

Once the buses arrive, everyone will meet on the grassy field for a quick meeting before officially breaking into your cabin groups and starting off the camp experience by heading to lunch.

Departure Information and Checklists

Camper Pick-up from Bus

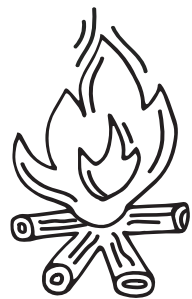
- Please meet the coach bus at your registered bus stop at the time outlined in the transportation schedule.
- We aim to have our buses arrive to each destination as close to the time listed on our schedule as possible. In the event of a major delay, information and updates will be posted to YMCA Wanakita's instagram account: [@wanakitaymca](https://www.instagram.com/wanakitaymca).
- Once the bus arrives at your stop, please approach the staff at the door of the bus. They will ask you to provide them with photo ID and will check your name on the authorized camper pick-up list.*
- You will be provided with your camper's envelope which contains their camper feedback form (highlighting their experience), their awards, and any additional information.

***Reminder:** *we will only check-out campers who have an adult with photo ID who is listed on the authorized camperpick-up list on your camper's registration.*

Camper Pick-up by Car - 10:30am

- As on arrival, please drive carefully down Koshlong Lake Road. Up to 300 campers are departing which can result in many cars and pedestrians in the departure area and along the road.
- Follow staff instructions on where to park your car (parking on one side of the road)– leaving space for emergency vehicles and our busses.
- You are welcome to wait for your camper at the basketball court (located behind the main office), enjoy a coffee at Day Camp Central, or check out the Tuck Shop in Fenton Hall. We ask that no one travels beyond this point.
- We are unable to provide tours or allow parents beyond Fenton Hall into the main area of camp on pick-up days to ensure that our other programs that may still be running are not impacted.
- Campers will arrive in that area shortly after 10:30 a.m.
- Their counsellors will also be available to chat with you about the camp experience.
- Once you are ready to leave, please take your camper's belongings and check-out at the check-out tables.* You will be provided with your camper's envelope which contains their camper feedback form (highlighting their experience), their awards, and any additional information.

***Reminder:** *We will only check-out campers who have an adult with photo ID who is listed on the authorized camper pick-up list on your camper's registration.*



Behaviour at Camp

YMCA CORE VALUES - One of the primary goals of the YMCA is to help people develop their character. Character is demonstrated through the fundamental beliefs and values that influence our daily lives as expressed in personal choices, attitude and behaviour. The YMCA of Hamilton|Burlington|Brantford believes that five values are particularly important to the development of good character:

- Caring
- Honesty
- Inclusion
- Respect
- Responsibility

YMCA Wanakita is a shared experience for all to enjoy. Each of us can make it better by being considerate of others. Wanakita campers, volunteers, and staff all pledge to treat one another with consideration and dignity.

The following guidelines are put in place to ensure all campers enjoy their camp experience. Failure to follow these guidelines may result in suspension or removal from Wanakita.

- People are responsible for their actions
- We respect each other and the environment
- Honesty will be the basis for all relationships and interactions
- We strive to make healthy and safe choices
- We will care for ourselves and those around us
- We value diversity and seek to include others

All children are expected to follow the YMCA behaviour guidelines, and to interact in a positive and appropriate manner with their fellow peers, staff, and other members of the YMCA Camp community.

Behaviour (including but not limited to: violence, swearing, harassment; verbal threats; physical behaviour; running away; destructive behaviour etc.) that negatively impacts others physically or emotionally may result in dismissal or permanent removal from camp at the discretion of the YMCA of Hamilton|Burlington|Brantford.

Alcohol, Tobacco, and Drugs

In order to protect the nature of our summer camp community, and to ensure the safety and success of all participants and staff, no tobacco products, alcohol, or illegal drugs are permitted on Wanakita property. Families of campers or S.Cs found in possession of tobacco, alcohol, or illicit drugs will be contacted, and will be required to pick up their child immediately.

Health Centre

The health form submitted at registration assists in caring for your child's health, and provides vital information in the case of illness or accident. If there have been any changes in medical information since submitting the health form, please notify us in writing at the Wanakita office. The consent portion of the health form allows Wanakita to arrange for emergency medical treatment for your child should it be necessary. Every effort will be made to contact parents if emergency treatment is necessary. In the event that contact is not possible due to time restraints or unsuccessful contact, YMCA Wanakita will move forward with making decisions in the best interest of your camper regarding their health and safety.

Wanakita will do everything within its power to have a staff member remain with your child until the emergency is over barring an extenuating circumstance preventing a staff member from being present (such as not having additional space in an ambulance etc.).

Medication

Wanakita has experienced medical professionals on site 24 hours a day. Many of our Health Centre staff have campers on site and know the anxiety of being a parent. They will treat minor injuries, dispense daily medications and be available for quiet chats if the need should arise. Your camper is in good hands with these professionals.

Upon arrival at camp, all medications will be entrusted to the Health Centre staff. Please do not give medication to bus staff. Our Health Centre staff will be responsible for dispensing medication at the appropriate time. Packing these items at the top of your camper's luggage is a sure way to ensure their transport to the Health Centre.

If packing medication please ensure:

- labeled clearly with your camper's name and is in the original container which includes the medication's directions (ie. prescription directions issued by doctor)*
- accurate/specific directions for use is included
- provide enough for the total duration of camp

If a camper becomes ill or is injured and requires a visit to Haliburton Highlands Health Services, we will attempt to contact you. Barring that we will attempt to reach the emergency contacts from your camper's registration and will update them on the situation. If the camper requires more care than we are able to provide you will be asked to come pick up your camper. We will ensure the best possible care until your arrival.

***Please Note:** *We cannot accept medication which is not within its original container, or which does not have original medical directives/direction from a medical professional. Hand written notes of direction not provided by a doctor cannot be accepted.*

Prescription Policy At Camp

Being sick while you are away from home is no fun and occasionally a prescription is what is needed to get a camper back on their feet. If this occurs, our Health Centre staff will arrange for the prescription to be picked up at a local pharmacy. The cost of this medicine will be charged to your camper's account and we will use the credit card that we have on file to clear the balance. A copy of the prescription will be included within your camper's package home.

Homesickness

When children are away from home, it is reasonable to assume that they will become adjusted to the camp situation but they may go through some days of homesickness. This is a very natural reaction for all ages and it is important for parents to realize that this is something which children need to experience, and see it through to the finish. It may be harder for the camper to overcome this natural reaction, if a promise is made by the parents to "rescue" the child.

By overcoming homesickness, children attain the degree of independence, which is necessary for them to grow into self-reliant, mature individuals. Please allow campers to try camp and deal with their homesickness before resorting to picking up your child early.

Allergies – Nuts & Other Food

YMCA Wanakita is a peanut and nut sensitive environment. Many of our summer campers have severe, sometimes life-threatening allergies to nuts and other food. We do not serve or sell products containing peanuts or nuts. To help ensure the safety of our campers who have these allergies, please do not pack any products containing peanuts or other nuts. They will be confiscated and removed from camp. Please refer to the Food Service section on page 16 for additional information.

Head Lice

Given the environment at camp and the ease at which head lice can be transferred, it is our practice to ensure that we are protecting the camp community to the best of our abilities. In an effort to prevent instances of head lice, we ask that you please check your child's head for signs of lice thoroughly prior to arrival at camp. Upon arrival at camp or before

boarding the bus to camp, our staff members will re-check campers for signs of head lice. If any lice or nits (eggs) are found, the camper will be asked to return home until they are able to present a note from a medical professional or lice professional (such as Lice Squad) stating that they have been treated for head lice and lice and nits are no longer present.

Though our best efforts will be made, we cannot guarantee that all instances of lice will be caught through the arrival day screening process. Campers showing signs of lice midway through a camp session will be removed from camp program to prevent further spread. Cabin mates will be screened for signs of lice and the parents or guardians of those displaying signs of lice will be notified and asked to pick them up as soon as possible.

Due to how busy our Health Centre medical professionals are on a day to day basis, we are unable to provide treatment at YMCA Wanakita. If a camper is found to have lice upon arrival to YMCA Wanakita, we are happy to provide contact information for a lice professional, but are unfortunately unable to help further. Should you require further information concerning head lice please contact your local Health Unit.

Bed Bugs

YMCA Wanakita takes every precaution to prevent bed bugs at camp. Bed bugs are found in many places including hotels, libraries, movie theatres and airlines. They are not known to carry disease and pose no known health risk. However, they do put people off (including us), so we have strict protocols in place to eliminate bed bugs at camp. These include:

- Pre-season inspections using the trained staff of a reputable pest control company and National Entomology Scent Detection Agency (NESDCA) certified canines. Appropriate follow-up measures are taken should there be any question of bugs or eggs being present.
- Staff are trained to be observant during regular cleaning rotations and follow up with protocols should there be any indication of potential bed bug presence.

As a guest you can help prevent the spread of this nuisance. If there is any possibility that an individual visiting Wanakita may have come in contact with bed bugs, we request that prior to the visit all personal belongings are washed with hot water and dried at the high dryer setting for a minimum

of 30 minutes. If items cannot be laundered, steam cleaning or placing them loosely into a tightly sealed bag and into a freezer (-15°C) for a minimum of 4 days is recommended.

Immediately upon return home, we recommend that all personal belongings are washed with hot water and dried at the "High" dryer setting for a minimum of 30 minutes and placed directly into the washing machine from the bags in which the belongings were contained. In the case of delicate items that cannot be laundered, steam cleaning or placing the items loosely into a tightly sealed bag and into a freezer (-15 °C) for a minimum of 4 days is recommended.

Should you wish to know more about the protocols in place please do not hesitate to contact wanakita@ymcahbb.ca.

Ticks

Ticks are not a major issue in our area. However, the nature of camp activities and the environments in which we operate expose our campers and staff to possible tick bites.

Ticks cannot jump or fly, but often climb grasses and shrubs in order to come in contact with people or animals walking past. They have the potential to transmit diseases such as Lyme disease. Most tick-borne diseases require the tick to be attached and feeding for several hours before the person gets infected.

Tick bites are often painless at first and most people do not know they have been bitten so checking yourself immediately after being in area that may be infested is important.

The following recommendations and protocols are in place to help ensure the health and wellness of counsellors and campers during their stay at YMCA Wanakita.

- Campers and staff should use bug repellent that is effective against ticks.
- "Off" is a recommended brand.
- Closed-toed shoes and light-colored clothing are recommended. Ticks are more visible on light coloured clothing. Pant legs can be tucked into socks to prevent ticks from finding your ankles
- When on out trip, staff inspect campers and each other for ticks and bites at the end of each day.

- If a tick is found then a staff member will use a Tick Key provided in their Out-Trip First Aid Kit.
- A removed tick will be placed in a sample bag and will be available to parents or guardians to examine.
- If a tick bite is treated on trip, campers must visit the Health Centre for a health check upon returning to YMCA Wanakita.

Food Service

Specialty Diets, Severe Food Allergies & Severe Food Intolerances

At YMCA Wanakita we take pride in the delivery of excellence in all our programs and services to nurture the physical and mental well being of all stakeholders. Excellence in all we do is our goal and this includes a food service delivery model that offers nutritious, satisfying and creative culinary options. We recognize that the nutrition needs of our campers and participants will vary and we strive to meet dietary needs/requests through meal accommodations that offer tasty meals that meet the needs of our clients. A satisfying and safe food service experience at YMCA Wanakita is a fundamental expectation that is a top priority for our staff team.

YMCA Wanakita is committed to partnering with our camper and participant clientele in understanding and meeting diverse dietary requirements. To assist us in fulfilling this objective, we ask our campers and participants to work with the YMCA Wanakita food services team by providing accurate and detailed information about their dietary needs; we view this partnership as an essential component for helping us deliver a safe, consistent and successful meal experience during your stay.

If you or your participant(s) have any severe allergies or severe intolerances defined as resulting in an anaphylactic reaction or other life threatening reaction, we ask that you provide specific details to help us prepare for your camp visit. The YMCA Wanakita Food Service team will follow our allergen protocol to create meals that will not only suit your needs but satisfy your palate.

While you can rely upon the YMCA Wanakita Food Service team to deliver a safe food experience, we do rely on you and/or your participant(s) to be active and diligent by ensuring that you confirm that the food that you are eating satisfies your needs/requirements, and that where you have identified restrictions, you agree to comply with your dietary plan by only consuming the meals that have been specifically prepared for you in accordance with your instructions, and by engaging in dialogue with our team to ensure your needs are being met.

Communication and Electronics

Phone Calls / Mobile Phones and Electronics

A camper's experience at camp is full of activities and is very busy. YMCA Wanakita has many programs and activities to offer and we want to ensure that your camper/s have the opportunity to take advantage of all of the things we have to offer. Thus we do not facilitate phone calls home and also discourage campers from bringing electronics to camp.

YMCA Wanakita has a no cell phone policy. Mobile phones lessen the immersive camp experience. Therefore, if your camper brings a cell phone it will be collected and stored in a secure location for the duration of their stay. We take this policy seriously and if a camper refuses to hand in their phone, they will be asked to leave.

Although discouraged, other electronics (ipod, mp3 player etc.) are allowed to be kept within each campers cabin. We have policies and procedures in place to try to ensure personal belongings are safe within camper cabins, however we cannot be held responsible in the case these personal electronics become damaged, lost or stolen at camp. **Please help us in keeping YMCA Wanakita unplugged!**

Camp Photo and Media Philosophy:

Here's what you can expect from our Media Section Director this summer.

We pride ourselves on having some of the best photographs in the camping industry. We have a Section Director that is dedicated to taking photos and posting them for our families to see. We do our best to capture the spirit of summer at Wanakita.

Our Media Section Director understands that these photos are your only window into your child's Wanakita experience while they are here and we take that responsibility seriously. We regularly hear from parents inquiring about our workflow and philosophy, and we've compiled the following to help answer your questions and let you know what you can expect from us.

[Camp Photo and Media Philosophy](#)

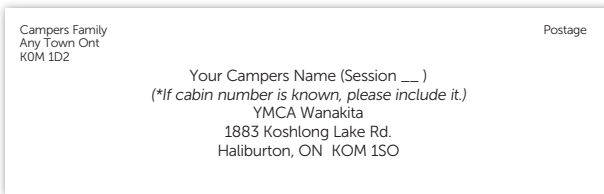
Visits

Visits at camp are not permitted during the summer (with the same rationale as telephone calls). They can prove to be very disruptive to the group building process for first time and returning campers.

Mail

Incoming Camper Mail

Camper mail is delivered daily. Please address camper mail, including care packages clearly as follows:



***Please Note:** Purolator delivers directly to our site, while other companies such as FedEx subcontract their deliveries.

Outgoing Camper Mail

Campers can send mail by placing outgoing mail in the mailbox located on the stage in the dining hall. During the summer months, outgoing mail is collected and mailed the same day. Although postage stamps, envelopes and post cards are available in the Tuck Shop, it is helpful to send pre-stamped envelopes or postcards with your campers.

Email – Bunk Notes

An email service is available for sending messages to campers. Please see camp services on page 19.

Care Packages

Campers love receiving care packages from home. Please keep these guidelines in mind before posting a care package to a camper.

- Storage space is very limited in our Tuck Shop PLEASE keep all packages to the size of a regular shoebox.
- Food kept in cabins attracts animals, so keep quantities small.
- YMCA Wanakita is a peanut and nut sensitive facility. For the safety of all, do not send products containing peanuts or nuts. They can pose a huge risk to campers who have allergies.

Camp Services

The Tuck Shop

YMCA Wanakita operates a Tuck Shop during the summer that carries snacks and beverage items as well as apparel and souvenirs. Campers may purchase snacks and beverages every other day while they are at camp.

Campers will also have the opportunity to purchase YMCA Wanakita apparel through the Tuck Shop order forms during their session. Campers will have the opportunity to visit, view products and investigate sizing prior to purchasing.

Each camper has an individual account, and purchases made are debited against the balance. Although we recommend that families make tuck deposits at the time of registration, deposits will be accepted upon arrival day at camp. Funds remaining in a camper's account exceeding \$5 will be refunded at the family's request up to the end of the calendar year.

Laundry Service

Laundry service is available for two-week overnight campers and for SC's. Senior Traditional Campers do not have the option to order laundry, as they will be on trip for half their time at camp. Campers looking to have laundry service must sign up through our registration system prior to arrival at camp. Campers will be provided with a laundry bag that they will then return back to Wanakita staff once their laundry is complete.

Laundry will be washed, folded, and returned within 48 hours. Please do not include shrinkable or delicate items. Shoes will not be washed. We recommend one laundry service for every two weeks at camp.

Email – Bunk Notes

An email service for families of campers is provided by our partners in camping Bunk1.com. Emails are printed once daily, usually before 10:00am, and sent to each camper through our internal mail system. Your child cannot email you back. This is a one-way system allowing you to send messages to your camper while they are at camp. The Bunk1 service is intended for bunk notes only. Facial recognition & photo tagging features offered by Bunk1 are not supported; therefore, this option should not be selected.

To set up an account or log in please follow this link: [Bunk1.com](https://www.bunk1.com). The pre-approved registration code is: **WANAKITA26**

How to sign up for Bunk Notes

1. Go to our website Bunk1.com
2. Click the "Camp Photos / Camper Email" button *
3. Click "Register Now"
4. Enter your Pre-Approved Registration Code: **WANAKITA26**
5. Fill out all the required information
6. Purchase Bunk Note credits (you will need a credit card)
7. View camper pictures and send an email to your camper!

***Please Note:** *Emails to your camper will not be accepted through our regular Wanakita email account.*

Cancellation and Refund Policy

- We recognize that sometimes plans change and you must withdraw your child from camp. In order to receive a full refund (less the nonrefundable deposit), participants must cancel by the final payment date of APRIL 30th, 2026.
- After April 30th - refunds will be given for medical reasons only (with medical certification). All refund requests must be made in writing.
- Refunds are not granted if a parent/guardian withdraws their camper from the session early, or if a camper is sent home for misconduct.
- A \$20.00 service charge will be levied on NSF cheques and rejected credit cards.
- Wanakita reserves the right to cancel any program if a minimum number of participants have not registered one week before the program starts. Wanakita will issue full refunds if this occurs.

Packing for Wanakita

Please involve your campers in the packing process: it helps them recognize everything they bring to camp, makes packing at camp much easier, and will help the children realize that camp is really just around the corner.

Large backpacks, duffel bags, and hockey bags are the most effective type of camper luggage. Please clearly label all items of luggage in large letters with your camper's first and last name. Luggage must travel by bus, van, or car before it gets to camp, and then by people power before it gets to your camper's cabin.

Waterproof rain gear is an absolute necessity. Wanakita is fortunate to have clear blue sunny skies for most of the summer. Rain days do happen each period though, and camp programs continue regardless. A good raincoat is very important. Campers going on longer canoe trips will want a pair of rain pants.

A water bottle is one of the most important items for everyone to bring. They come in all sizes and shapes, choose carefully. A durable, 1L water bottle such as a Nalgene-style bottle is a good choice. Camp cups and glasses don't leave the dining hall so water bottles are crucial for around camp and on out-trips.

YMCA Wanakita Overnight Kids Camp Packing List

Suggested Items	Kita JR/ Inter	2 Week JR/ Inter	Senior Spec./ Trad	Senior Tripper	SC1 and SC2
<input type="checkbox"/> Pairs of Socks	8	10	8	8	10
<input type="checkbox"/> Underwear	7	14+	14+	14+	14+
<input type="checkbox"/> Pants	2	4	4	2	4
<input type="checkbox"/> Shorts	4	6	6	5	7
<input type="checkbox"/> Long Sleeved Shirts	2	4	4	4	4
<input type="checkbox"/> T-Shirts	5	8-10	8-10	8	8-10
<input type="checkbox"/> Sweatshirts/Sweaters	2	4	4	4	4
<input type="checkbox"/> Pyjamas	1	2	2	2	2
<input type="checkbox"/> Bathing Suit	2	2-3	2-3	2-3	2-3
<input type="checkbox"/> White Shirt For Trip Shirt – 100% Cotton	0	0	1	1	1
<input type="checkbox"/> Closed Toe Shoes	1	1	1-2	2	2
<input type="checkbox"/> Water Bottle	1	1	1-2	1-2	1-2
<input type="checkbox"/> Sandals/Clogs/Watershoes etc.	1				
<input type="checkbox"/> Sunscreen and Insect Repellant	1				
<input type="checkbox"/> Pillow, Sleeping Bag, and twin fitted sheet for comfort	1				
<input type="checkbox"/> Toiletry Supplies (Toothbrush, Toothpaste, Soap, Shampoo, Washcloth, Towel, Deodorant, Chapstick, Hygiene Products)	1				
<input type="checkbox"/> Flashlight/Headlamp	1				
<input type="checkbox"/> Raincoat and Rain pants	1				
<input type="checkbox"/> Beach Towel	2				
<input type="checkbox"/> Jacket (for mornings and evenings)	1				
<input type="checkbox"/> Sun Hat and Sunglasses	1				

Trip Packing List

These are the items that you should have to go on an out-trip. Some of the items below may also be listed on the packing list on page 20. YMCA Wanakita staff will help each camper pack the required equipment from this list, the list on page 20 and from YMCA Wanakita's out-tripping equipment. YMCA Wanakita provides the base camping equipment necessary for a safe and enjoyable out-trip including tents, cooking equipment, dishes and cutlery, packs and dry bags, first aid and safety equipment.

Item	Additional Optional Items
<input type="checkbox"/> Rain Suit – Jacket and Pants	<input type="checkbox"/> Small Packable Camping Mattress
<input type="checkbox"/> Hiking or Sturdy Running Shoes (for portaging)	<input type="checkbox"/> Journal or Book
<input type="checkbox"/> Light Weight Footwear (clogs or sandals for wearing at the campsite - no flip flops)	<input type="checkbox"/> Pen
<input type="checkbox"/> 2+ T-Shirts	<input type="checkbox"/> Waterproof Camera
<input type="checkbox"/> 1 Pair of Quick Dry Pants	<input type="checkbox"/> Cards
<input type="checkbox"/> Quick Dry Shorts	
<input type="checkbox"/> 2+ Pairs of Socks (ideally with 1+ being non cotton)	
<input type="checkbox"/> Bathing Suit	
<input type="checkbox"/> Sunscreen, Insect Repellent and Lip Balm	
<input type="checkbox"/> Brimmed Hat (ball cap, sun hat, or bucket hat)	
<input type="checkbox"/> Water Bottle	
<input type="checkbox"/> 1+ Long Sleeve Shirt	
<input type="checkbox"/> 1+ Sweater (fleece or wool is preferred)	
<input type="checkbox"/> 2+ Pairs of Underwear	
<input type="checkbox"/> Flashlight	
<input type="checkbox"/> Toothbrush, Toothpaste	
<input type="checkbox"/> Packable Sleeping Bag	

First Year SC's 4 week leadership campers:

First Year SCs participate in a one night "solo" on Wanakita property. As part of their solo SCs will assemble their own shelter. For this they should bring with them the following two items:

<input type="checkbox"/> 1 tarp (6'x8' recommended)	<input type="checkbox"/> 1 50' section of rope (15m)
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Additional Items

<input type="checkbox"/> Camera	<input type="checkbox"/> Book	<input type="checkbox"/> Cards	<input type="checkbox"/> Board Games
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Please Do Not Bring

<input type="checkbox"/> Any products containing Peanuts or Nuts	<input type="checkbox"/> Cell Phones
<input type="checkbox"/> Knives or Weapons	<input type="checkbox"/> Electronics (i.e. video games, computers etc.)
<input type="checkbox"/> Drugs or Alcohol	<input type="checkbox"/> Jewellery, expensive or irreplaceable objects
<input type="checkbox"/> Cigarettes or Smoking paraphernalia	
<input type="checkbox"/> Perfumes or Aerosol Deodorants (irritates those with allergies)	

Lost and Found

YMCA Wanakita cannot be held responsible for lost belongings. We highly recommend that everyone label their belongings clearly prior to attending camp as well as keeping their belongings organized at camp to reduce the risk of misplacing them. On departure day, any lost and found that has been discovered throughout the session will be held on display for campers during breakfast in the dining hall and then for parents at pick-up time. Any unclaimed lost and found items will be held at YMCA Wanakita for 3 weeks after each session but will then be donated to a local charity or used clothing store.

Found Items Returned:

If a lost item is found at the request of a Camper Family, YMCA Wanakita will send the found item(s) at the family's expense via Canada Post at the earliest possible convenience of the Admin Team. All postage fees will be charged to the Campers Family Account.

Items will be sent via Canada Post at the most reasonable cost and a tracking number/receipt will be provided via email. Sending found items via the Wanakita Bus Service is not possible.

REMEMBER:

All Wanakita Camp sessions begin on a **Sunday** and end on a **Friday**.



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