



# YMCA Wanakita Outdoor Centre

## Suggested Packing List Winter Family Programs

### Clothing

- heavy socks (not cotton – wool is ideal)
- light socks
- Pants (not jeans, preferable not cotton)
- Long underwear, top and bottom
- Warm shirts
- T-shirts
- Waterproof pants (ski pants, snowsuit)
- Light jacket
- Winter coat, hard shell or parka
- Pairs of mitts (waterproof if possible)
- Winter hat/Headband
- Sweaters or fleece tops
- Indoor shoes/slippers**  
(for **Core** dining hall & cabin)
- Winter boots (waterproof, removable liners if possible, no 'fashion boots')

### Bedding (all beds are twin sized)

- Warm sleeping bag OR
- Warm blankets and sheets
- Warm pajamas
- Pillow

**Wanakita** has Cross Country equipment, snowshoes and toboggans available and helmets.

### Toiletries

- Toothbrush & toothpaste
- Kleenex
- Comb/brush
- Lip balm, sunscreen, lotion etc.
- Soap & shampoo
- Towels

### Optional Items

- Water bottle & **Travel Mug**
- Flashlight (recommended)
- Camera
- A good book, knitting/hobby items
- Musical instrument
- Skates & Helmet (weather Dependent)
- Sunglasses/goggles
- Board & card games for downtime
- Sled for transporting younger kids around our site (think a winter wagon for tired legs!)
- Munchies (we provide plenty of snacks, but you may want more)

Please **ensure nut free snacks** and an airtight container for storage.

*Be aware that we have wildlife who like snacks too.*

### Just a note.....

Plan for clothing that is suitable for the time of year and activities. Synthetic or wool base layers, fleece, synthetic or wool insulated layers followed by a weatherproof shell or jacket will keep you warm and dry and that will take you through your whole stay at YMCA Wanakita!