Connecting to Care

Resource Card

For additional resources visit www.ConnectingToCareCT.org or scan the code below

Connecting to Care CT Find Children's behavioral/mental health resources
https://www.connectingtocarect.org/support-services/

Department of Mental Health and Addiction Services Find adult behavioral/mental health services
https://portal.ct.gov/DMHAS/Programs-and-Services/Finding-Services/Finding-Services

Peer Based-Support Lines I Peer-based warmlines for adults and youth
https://namict.org/resources/peer-based-support-lines/

CTBHP Information for Medicaid and HUSKY behavioral health and support services www.ctbhp.com

CRISIS AND SUPPORT

National Suicide & Crisis Lifeline ..... **Call/Text 9-8-8**

United Way Mobile Crisis, information & referral **2-1-1**

DMHAS Access Line Substance Use referral **1-800-563-4086**

CT Safe Connect **1-888-774-2900**
Domestic/Intimate Partner Violence hotline, call or text 24/7

CT Sexual Assault Hotline Eng. **1-888-999-5545** /Span. **1-888-568-8332**

TREVOR Lifeline **1-866-488-7386**
Crisis/Suicide Prevention for LGBTQ+ youth/young adults under 25

DCF Careline **1-800-842-2288**
Request voluntary assistance or report abuse/neglect

National Runaway Safeline **1-800-RUNAWAY**

National Trafficking Hotline **1-888-373-7888**

Love146 End Child Trafficking Resources **203-772-4420**

Poison Control Center **1-800-222-1222**

Disaster Distress Helpline **1-800-985-5990**
Crisis counseling following natural or human-caused disaster