Trauma-Informed School Mental Health Task Force

COVID-19 Collection of Resources

Child Health and Development Institute

School Mental Health Newsletters

- **Issue #1: Mental Health and Social Emotional Learning**
- **Issue #2: Caregiver Wellness**
- **Issue #3: Digital Citizenship**
- **Issue #4: Staff Wellness**
- **Issue #5: Additional Resources for the School Community**

General Resources

- **COVID-19 Information and Resources**

State Department of Education

Professional Support Series for Districts

- **Series 2 (April 14, 2020)**
- **Series 3 (April 22, 2020)**
- **Series 4 (April 24, 2020)**
- **Series 5 (April 29, 2020)**
- **Series 6 (May 6, 2020)**
- **Series 7 (May 11, 2020)**
- **Series 8 (May 12, 2020)**
- **Series 9 (May 26, 2020)**

Mental Health Resources

- **Social Emotional Family Resources**
- **COVID-19 SEL Supports**

Department of Children and Families

COVID-19 Commissioner's Videos

- **June 20, 2020**
- **June 14, 2020**
- **June 7, 2020**

Webinars & Additional Resources

- **The Color of COVID-19 in Connecticut Webinar**
- **Mental Health/Health/Behavioral Health**

CT Connecting to Care



For more see: https://portal.ct.gov/DCF/COVID-19/HOME

UConn Collaboratory on School and Child Health

Recent Reports

- **Responding to COVID-19: Planning for Trauma-Informed Assessment in Schools**

Beacon Health Options

FAQs

- **General & Mental Health FAQs**
- **How to Navigate Anxiety Caused by Coronavirus**
- **How to Help Children Navigate Anxiety Caused by Coronavirus**
- **Coping with Stress during Infectious Disease Outbreaks**

Injury Prevention Center, Connecticut Children's

Informational blog posts

- **Strengthening Families during COVID-19: Daunting Challenges and Enormous Opportunities**
- **8 Things Parents Should Pay Attention to When it Comes to Their Teen's Mental Health**
- **Autism and Anxiety in Quarantine: How to Support Children, Teens, and Young Adults on the Spectrum**

CREC

- **CREC Updates**
- **Emergency School Meals & Summer Meals Plans**

Clifford Beers

- **COVID-19 Resources**
- **Reach Out CT**

National Center for School Mental Health

Webinar series

- **Suicide Prevention, Intervention, and Postvention: What School-Based Staff Need to Know**
- **Multi-Tiered School Mental Health Improvement, Innovation, and Advocacy during COVID-19**
- **School Mental Health Planning for the 2020-2021 School Year during COVID-19**

Data Collection

- **COVID-19 Office of Behavioral and Social Sciences Research Tools**

Additional Resources

CT Connecting to Care

- **NCSMH COVID-19 Resources**

SAMHSA

- **Training and Technical Assistance related to COVID-19**
- **Talking with Children: Tips for Caregivers, Parents, and Teachers during Infectious Disease Outbreaks**