CTC Connecting to Care

Data Story



A Framework for Trauma-Informed School Mental Health





What is Trauma-Informed School Mental Health?

Trauma-informed school mental health looks at childhood trauma and the impact on a child's education, and strategies for responding to children who have experienced trauma or have behavioral health issues.

What is Connecticut Doing?

Symposiums in 2017 and 2019 created a common framework for addressing trauma, violence, mental health needs, prevention, and service enhancement among children. The symposiums helped launch the development of a trauma-informed school mental health plan.

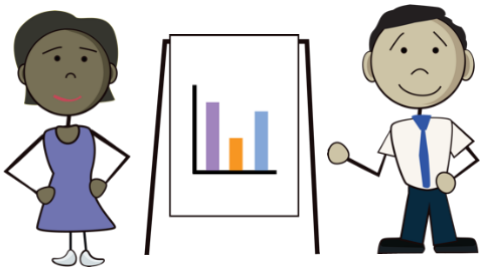
"Symposium on Trauma-Informed School Mental Health," had nearly **100 leaders** from Connecticut schools, mental health agencies, state agencies, higher education institutions, and other human service organizations.

2017

"Symposium on Trauma-Informed School Mental Health, 2.0" had nearly **70 leaders** from school, behavioral health, community, and research communities.

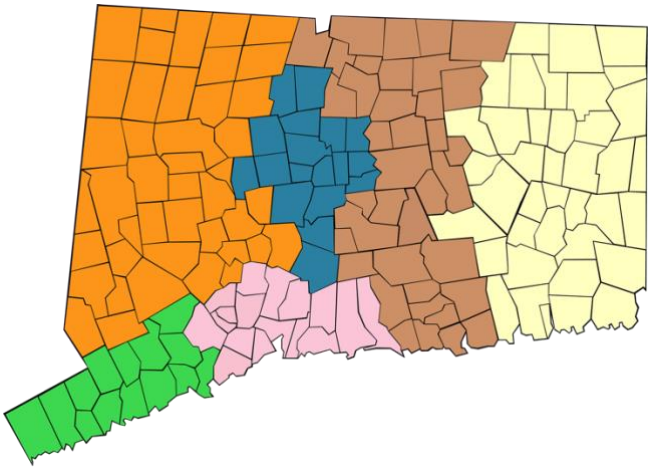
2019





What are the Results?

207 schools representing the 6 DCF regions participated in Connecticut School Mental Health initiatives in fiscal year 2022.





The **Trauma-Informed Schools Dictionary** was created which provides a common language of terms related to trauma-informed schools.

The Trauma-Informed School Mental Health Task Force was created with **18 member**s from **13 sectors** comprised of a diverse group of youth advocates, educators, and researchers. They represent higher education, child welfare, school-based mental health, and human service organizations.

Connecticut engaged in the State School Mental Health Profile within the **School Health Assessment and Performance Evaluation** (**SHAPE System**), which is used to inform comprehensive school mental health system reform.

SHAPE
School Health Assessment and Performance Evaluation System

Connecting to Care is a partnership that focuses on coordinating access to quality care through a youth-guided and family-driven approach. To improve behavioral health outcomes for children in Connecticut, Connecting to Care seeks to change the way that the system operates so that all children have the opportunity to thrive.

CT Connecting to Care

connectingtocarect.org
plan4children.org

Partner Organizations

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