

## 20th ANNUAL CCAR WALK & ICAN CONFERENCE

### 20TH ANNUAL RECOVERY WALK

The Connecticut Community for Addiction Recovery (CCAR) strives to end discrimination surrounding addiction and recovery, open new doors and remove barriers to recovery, maintain and sustain recovery regardless of the pathway, all the while ensuring that all people in recovery, and people seeking recovery, are treated with dignity and respect. On Saturday September 21, 2019 at noon, CCAR will hold its 20th annual Recovery Walk in Bushnell Park.

The CCAR Walk raises money to support and promote recovery to CT's members. Over the years attendees in recovery celebrated a total of over 3,000 cumulative years of recovery. The CT BHP has been a proud sponsor of this walk since 2007. Join the CT BHP's walking team of staff, family members, friends and dogs as we walk in support of recovery. For more information please visit <https://ccar.us/>



### ICAN CONFERENCE: ENHANCING COMMUNITIES AND SUSTAINING TRUE PARTNERSHIP



Many Connecticut families have loved ones who require mental health and addiction services and supports in order to achieve wellness and self-sufficiency. Unfortunately, many end up navigating a complex system of mental health and addiction services while trying to access the appropriate services and programs. Connecticut has an array of behavioral health and recovery programs and agencies. The challenge is that those programs, agencies, and providers often operate within their own institutional boundaries, unable to effectively share information with each other.

The Consumer and Family Advisory Council (CFAC) of the Connecticut Behavioral Health Partnership (CT BHP) are proud to host the fifth annual iCAN Conference. The iCAN Conference is committed to educating and supporting consumers and their families to successfully self-advocate for needed behavioral health services, in order to live their lives to the fullest potential. The conference highlights the keys to success and the power of partnerships among Connecticut HUSKY Health consumers, families,

agencies, and providers. The goal of this year's conference is to enhance communities and sustain true partnership.

Provider and consumer exhibitors will be on hand, along with representatives from the Partnership's state partners, the Department of Mental Health and Addiction Services (DMHAS), the Department of Children and Families (DCF), and the Department of Social Services (DSS). The iCAN conference also offers breakout sessions for all attendees to address some of the current needs in the community.

The free conference is on Thursday, September 26, 2019, from 8:00 am to 2:30 pm at The Artists Collective, 1200 Albany Ave, Hartford, CT. If you're interested in attending this year's event, please call us at (860) 263-2442 as soon as possible, as seating is limited and in high demand. Also, if you are interested in partnering with us, please email us at [ctbhp@beaconhealthoptions.com](mailto:ctbhp@beaconhealthoptions.com) to discuss available sponsorship opportunities.