

Ninth Annual CT BHP iCAN Conference Returns to In-Person Format, Showcases Behavioral Health Services and Resources Available throughout State

The Consumer and Family Advisory Council of the Connecticut Behavioral Health Partnership (CT BHP), administered by Carelon Behavioral Health, returned to an in-person format for its ninth annual iCAN Conference. It took place September 26, 2024, at the Artists Collective in Hartford, CT. This event is the region's only consumer-driven conference focusing on behavioral health services. Its goal is to demonstrate the many services available to HUSKY Health members, and to showcase the power of partnership when members, agencies, and providers work together to shape the system.

This year's conference began with comments from commissioners or leads from the Partnership's state partners: the Department of Mental Health and Addiction Services (DMHAS), the Department of Children and Families (DCF), and the Department of Social Services (DSS), as well as from the CEO of Carelon BH CT, the Partnership's administrative services organization (ASO). These were followed by comments from Governor Ned Lamont and a key panel composed of community and systems leaders addressing the state's behavioral health landscape.

This year's conference offered several workshops which aligned with its theme, "Mental Health and Addiction Recovery Continuum of Care: Partnering for the Improvement of Behavioral Health Outcomes." These included everything from "Self-Care: Supporting Individuals Who Are Supporting Others" to "Bullying and Violence in Schools Prevention Training." With over 285 attendees and over 15 community and provider sponsors, the event demonstrated community partnership in action.

Conference feedback survey responses indicated that most attendees had a very favorable experience.

"We were gratified with the number of corporate and industry sponsors participating this year, said Carrie Bourdon, CEO of Carelon BH CT. "They were invested in educating HUSKY Health members about the robust services we have in CT, as well as shaping the behavioral system to meeting the needs of our future."

Select here to watch the Governor's opening Remarks:
<https://vimeo.com/1019968483/2bc43ca005?share=copy>

