

COUNSELING SUCCESS STORY – WORKING WITH A FAMILY THROUGH THEIR GRIEF

A family from the Town of Cicero sought out Youth Crossroads behavioral mental health support services to help them through a difficult grieving process. The mother of this family passed away from a terminal illness. The father was seeking grief counseling for himself and his children due to the great and building stress and fear of Mom's passing.

Our school-based YC counselor from Morton East High School took on this case and began working with the family individually, and eventually transitioned them to family grief counseling. Through the course of 6 months, the YC counselor was able to support and unite the family as they began their process of grieving. Each of the family members were in different phases of their grief.

Despite their individual struggles, they were able to improve their relationships and communication. The family began to see their YC counselor less and less due to their time spent together and the improvements they had made.

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