

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 10:00 Coffee and Tea <b>1:00 Worship Service</b> 3:00 Refreshments  <small>Daylight Saving Time Ends</small>	<b>2</b> 9:00 Rehab Visits 10:00 Coffee and Tea 3:00 Refreshments 	<b>3</b> 9:30 Active Games 10:00 Coffee and Tea 11:00 Helping Hands <b>2:00 Connect w/ Family &amp; Friends</b> 3:00 Refreshments	<b>4</b> 9:00 Rehab Visits <b>1:00 Devotions w/ Chris</b> 3:00 BINGO <i>Joe's 90<sup>th</sup> Birthday Celebration</i>	<b>5</b> <b>9:15 Morning Prayers</b> 9:30 Ball Fit Class 10:00 Coffee and Tea 11:00 Virtual Visits <b>2:00 Connect w/ Family &amp; Friends</b> 3:00 Refreshments	<b>6</b> <b>9:15 Morning Prayers</b> 9:30 Fun and Fit 10:00 Coffee & Tea 2:00 Hymn Singing 3:00 Refreshments	<b>7</b> 9:00 Fancy Nails 10:00 Coffee and Tea 10:00 BINGO <b>1:30 Connect w/ Family &amp; Friends</b> 3:00 Refreshments
<b>8</b> 10:00 Coffee and Tea <b>1:00 Worship Service</b> 3:00 Refreshments 	<b>9</b> 9:00 Rehab Visits 10:00 Coffee and Tea 3:00 Refreshments 	<b>10</b> 9:30 Active Games 10:00 Coffee and Tea <b>1:30 Honoring Veterans</b> 	<b>11</b>  <small>Veterans Day Remembrance Day (Canada)</small>	<b>12</b> <b>9:15 Morning Prayers</b> 9:30 Ball Fit Class 10:00 Coffee and Tea 11:00 Virtual Visits <b>2:00 Connect w/ Family &amp; Friends</b> 3:00 Refreshments	<b>13</b> <b>9:15 Morning Prayers</b> 9:30 Fun & Fit 10:00 Coffee & Tea 2:00 Creative Corner 3:00 Refreshments	<b>14</b> 9:00 Beauty Corner 10:00 BINGO <i>Christmas Decorating</i>
<b>15</b> 10:00 Coffee and Tea <b>1:00 Worship Service</b> 3:00 Refreshments 	<b>16</b> 9:00 Rehab Visits 10:00 Coffee and Tea 3:00 Refreshments 	<b>17</b> 9:30 Active Games 10:00 Coffee and Tea 11:00 Helping Hands <b>2:00 Connect w/ Family &amp; Friends</b> 3:00 Refreshments	<b>18</b> 9:00 Rehab Visits <b>1:00 Devotions w/ Chris</b> <b>3:00 Apple Cider Social</b> 3:30 BINGO 5:30 Friendly Visits <i>National Apple Cider Day</i>	<b>19</b> <b>9:15 Morning Prayers</b> 9:30 Ball Fit Class 10:00 Coffee and Tea 11:00 Virtual Visits <b>2:00 Connect w/ Family &amp; Friends</b> 3:00 Refreshments	<b>20</b> <b>9:15 Morning Prayers</b> 9:30 Rhythm & Moves <i>Christmas Decorating</i>	<b>21</b> 10:00 BINGO 1:00 Helping Hands <i>Christmas Decorating</i>
<b>22</b> 10:00 Coffee and Tea <b>1:00 Worship Service</b> 3:00 Refreshments 	<b>23</b> 9:00 Rehab Visits 10:00 Coffee and Tea 3:00 Refreshments 	<b>24</b> 9:30 Active Games 10:00 Coffee and Tea 11:00 Helping Hands <b>2:00 Connect w/ Family &amp; Friends</b> 3:00 Refreshments	<b>25</b> 9:00 Rehab Visits <b>1:00 Devotions w/ Chris</b> 3:00 Tea and Talk 3:30 BINGO 5:30 Friendly Visits	<b>26</b> <b>9:15 Morning Prayers</b> 9:30 Ball Fit Class 10:00 Coffee and Tea 11:00 Virtual Visits <b>2:00 Connect w/ Family &amp; Friends</b> 3:00 Refreshments <small>Thanksgiving Day (US)</small>	<b>27</b> <b>9:15 Morning Prayers</b> 9:30 Rhythm & Moves 10:00 Coffee & Tea 2:00 Creative Corner 3:00 Refreshments	<b>28</b> 9:30 Fancy Nails 10:00 Coffee and Tea 10:30 BINGO 2:00 Calendar Planning 3:00 Refreshments
<b>29</b> 10:00 Coffee and Tea <b>1:00 Worship Service</b> 3:00 Refreshments 	<b>30</b> 9:00 Rehab Visits 10:00 Coffee and Tea 3:00 Refreshments 	<div>November 2020</div> <div>Valhaven Care Home</div>				