
HI NEIGHBOUR



**ARE YOU NEEDING
SUPPORT DUE
TO COVID?
WE CAN HELP.
(JUST TURN OVER THE CARD.)**

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DENNIS & PHYLLIS
WASHINGTON
FOUNDATION



WE ARE HERE FOR YOU. NO MATTER WHAT YOUR SITUATION.

My name is Beth. I am a community builder employed by United Way in the Fraser Valley. I work and live here in Abbotsford.

My number is 778-757-3410 and my email is BethV@uwlm.ca.

Whether you need groceries, help with tasks, support coping with stress or anything in between, we can connect you to the resources you need. This is what local love looks like.

Call or text me today or go to: uwlm.ca/mobilizing-local-love/

Local love is more important than ever. Take every precaution to ensure you are staying safe.