







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:00 Rehab Visits 10:00 Coffee and Tea 10:00 Bingo w/ Helen 3:00 Refreshments Visitation 8:30 am-2pm	9:15 Morning Prayers 9:30 Fun & Fitness 10:00 Coffee and Tea 2:30 Puzzle Time (1:1) 3:00 Refreshments Visitation 8:00 am-2pm <small>Groundhog Day</small>	10:30 Reading Circle w/ Helen 1:00 Devotions w/ Chris 2:30 Active Games 3:00 Tea and Talk 5:30 Friendly Visits Visitation 8:00 am-2pm	9:30 Ball Fit Class 10:00 Coffee and Tea 10:30 Let's Connect 2:30 Music & Memories 3:00 Refreshments Visitation 4 – 8PM	9:30 Rhythm & Moves 10:00 Coffee & Tea 10:30 Walk and Talk 2:30 BINGO 3:00 Refreshments Happy Birthday George U.	9:00 Beauty Corner 10:00 Coffee and Tea 10:30 Table Games 2:30 Social Visits 3:00 Refreshments Visitation 9:30 am-1pm
10:00 Coffee and Tea 1:00 Worship Service 3:00 Refreshments 	9:00 Rehab Visits 10:00 Coffee and Tea 10:00 Bingo w/ Helen 3:00 Refreshments Visitation 8:30 am-2pm	9:15 Morning Prayers 9:30 Fun & Fitness 10:00 Coffee and Tea 2:30 Art Expression (1:1) 3:00 Refreshments Visitation 8:00 am-2pm	10:30 Reading Circle w/ Helen 1:00 Devotions w/ Chris 2:30 Active Games 3:00 Tea and Talk 5:30 Friendly Visits Visitation 8:00 am-2pm	9:30 Ball Fit Class 10:00 Coffee and Tea 10:30 Let's Connect 2:30 Music & Memories 3:00 Refreshments Happy Birthday Mary S. Visitation 4 – 8PM	9:30 Rhythm & Moves 10:00 Coffee & Tea 10:30 Walk and Talk 2:30 BINGO 3:00 Refreshments <small>Chinese New Year (Year of the Ox)</small>	9:00 Beauty Corner 10:00 Coffee and Tea 12:00 Couples Lunch Date <small>RSVP</small> 3:00 Refreshments Visitation 9:30 am-1pm
10:00 Coffee and Tea 1:00 Worship Service 3:00 Refreshments  <small>Valentine's Day</small>	 <small>Presidents' Day</small>	9:15 Morning Prayers 9:30 Fun & Fitness 10:00 Coffee and Tea 2:30 Creative Corner 3:00 Refreshments Visitation 8:00 am-2pm <small>Mardi Gras</small>	10:30 Reading Circle w/ Helen 1:00 Devotions w/ Chris 2:30 Active Games 3:00 Tea and Talk 5:30 Friendly Visits Visitation 8:00 am-2pm	9:30 Ball Fit Class 10:00 Coffee and Tea 10:30 Let's Connect 2:30 Music & Memories 3:00 Refreshments Visitation 4 – 8PM	9:30 Rhythm & Moves 10:00 Coffee & Tea 10:30 Walk and Talk 2:30 BINGO 3:00 Refreshments	9:00 Beauty Corner 10:00 Coffee and Tea 10:30 Table Games 2:30 Social Visits 3:00 Refreshments Visitation 9:30 am-1pm
10:00 Coffee and Tea 1:00 Worship Service 3:00 Refreshments 	9:00 Rehab Visits 10:00 Coffee and Tea 10:00 Bingo w/ Helen 3:00 Refreshments Visitation 8:30 am-2pm	9:15 Morning Prayers 9:30 Fun & Fitness 10:00 Coffee and Tea 2:30 Art Expression (1:1) 3:00 Refreshments Visitation 8:00 am-2pm	10:30 Reading Circle w/ Helen 1:00 Devotions w/ Chris 2:30 Active Games 3:00 Tea and Talk 5:30 Friendly Visits Visitation 8:00 am-2pm <small>Purim Begins</small>	9:30 Ball Fit Class 10:00 Coffee and Tea 10:30 Let's Connect 2:30 Calendar Planning 3:00 Refreshments Visitation 4 – 8PM	9:30 Rhythm & Moves 10:00 Coffee & Tea 10:30 Walk and Talk 2:30 BINGO 3:00 Refreshments	9:00 Beauty Corner 10:00 Coffee and Tea 10:30 Table Games 2:30 Social Visits 3:00 Refreshments Visitation 9:30 am-1pm
10:00 Coffee and Tea 1:00 Worship Service 3:00 Refreshments 	<h1>February 2021</h1> <h2>Valhaven Care Home</h2>					