

St. Teresa's Lunch Menu

September
2021

Seasonal Fresh Fruit and Vegetables
are offered daily on the Fruit and Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Pasta Bar Roasted Broccoli Garlic Breadsick Chicken Caesar Wrap Chef Salad V: Pasta Bar	2 Homemade Pizza Parlor Cheese & Pepperoni Crispy Chicken Wrap 7 Layer Salad V: Cheese Pizza	3 Sloppy Joe Baked Beans Kettle Chips Honey Mustard Ham Wrap Grilled Chicken Caesar Salad V: Caesar Salad
6 Labor Day No School	7 Popcorn Chicken Bowl Chicken Bites, Masked Potatoes, Gravy, Corn, Cheese Dinner Roll Ham and Swiss Wrap Fruited Spinach Salad w/ Maple Balsamic Dressing V: Salad	8 Macaroni & Cheese Bar With all the Toppings Seasoned Broccoli Turkey BLT Wrap Buffalo Chicken Salad V: Mac N Cheese Bar	9 Sweet & Sour Chicken Bites Lo Mein Noodles Basic Rice Mini Egg Roll Fortune Cookie Turkey Cranberry Wrap Crispy Chicken Salad V: Garden Salad	10 Bacon Cheeseburger French Fried Potatoes Grilled Chicken Fajita Wrap Southwest Chicken Salad V: Black Bean Burger
13 Swedish Meatballs Buttered Noodles Garden Fresh Green Beans Dinner Roll Banh Mi Roast Chicken Sandwich Garden Salad V: Garden Salad	14 Taco Bar with all the Fix'ins Spanish Rice Mexican Corn Turkey BLT Wrap Craving Chicken Salad V: Cheese & Bean Quesadilla	15 Spicy Chicken Sandwich Tater Tots Honey Mustard Ham Wrap Beef Taco Salad V: Black Bean Taco Salad	16 Chicken Parmesan over Pasta Garlic Green Beans Breadstick Chicken Caesar Wrap Chef Salad V: Parmesan Pasta	17 BBQ Pulled Pork Sandwich Baked Beans Creamy Cole Slaw Crispy Chicken Wrap Southwest Chicken Salad V: Southwest Salad w/ Egg
20 Crispy Chicken Tenders Sweet Potatoe Fries Italian Beef Stacker Chef Salad V: Garden Salad	21 French Toast Sticks, Scrambled Eggs, Sausage Links Breakfast Potatoes Turkey BLT Wrap Beef Taco Salad V: Breakfast No Sausage	22 Spaghetti and Meatballs Seasoned Broccoli Garlic Breadsick Grilled Chicken Fajita Wrap Crispy Chicken Salad V: Spaghetti with Marinara	23 Chicken and Waffles Broccoli Salad Honey Mustard Ham Wrap Garden Salad V: Garden Salad	24 French Dip Honey Glazed Carrots Greek Salad Egg & Tuna Sliders Buffalo Chicken Salad V: Sliders
27 No School	28 3 Cheese Grilled Cheese Tomato Soup Sweet Steamed Pea Chicken Ranch Wrap 7 Layer Salad V: 3 Cheese Grilled Cheese	29 Cheese Burgers French Fried Potatoes Turkey BLT Wrap Crispy Chicken Salad V: Black Bean Burger	30 Tex Mex Pork Bowl Chicken Caesar Wrap Fruited Spinach Salad w/ Maple Balsamic Dressing V: Fruited Spinach Salad	1

INFORMATION

Student Lunch	\$5.50
Adult Lunch	\$5.50
Milk	\$0.60
Extra Entrée	\$3.25
Fruit & Vegetable Bar	\$3.50

EXTRA INFO

If you have any questions contact
Taher Food Service at
taher@stteresasacademy.org
or 816-501-0011 Ext 137

HARVEST OF



THE MONTH

All the menu information on
our app Taher Food4Life®



www.taher.com

Menus are subject to change without notice.