



|| Assistant Cross Country Coach || **St. Teresa's Academy || Athletics Department**

The Assistant Cross Country Coach is responsible for practices, motivating students, and instructing student athletes in game strategies and techniques. The assistant coach works with student athletes to ensure the health of mind and body, the practice of discipline, and an atmosphere of camaraderie.

|| Responsibilities ||

- Ability to instruct athletes in fundamentals, rules, strategies, techniques and physical training.
- Attend all practices, competitions, meetings, and activities.
- Communicates effectively and frequently with the Head Cross Country Coach, student athletes, and with parents.
- Assesses player's skills, monitors players during competition and practice, and keeps the head coach informed of the athletic performance of students.
- Models sports-like behavior and maintains appropriate conduct towards players, officials, and spectators.
- Demonstrates a commitment to maintaining good physical and mental health, preparing athletes for social engagement, and spirit of respect for fellow athletes.
- Performs any other related duties as assigned by the head coach.

|| Skills ||

- Preparing and conditioning athletes.
- Understanding of rules and regulations governing high school sports.

|| Qualifications ||

- Knowledge of the sport and prior playing and/or coaching experience preferred.
- Must possess effective coaching techniques and skills.
- Must have knowledge of the rules, regulations, strategies, and techniques of the sport.
- Must be familiar with the National Federation of State High School Association Cross Country Regulations and have completed courses related to cross country, concussions and first aid.
- Holds an appropriate valid emergency certification issued by the Commission on Teacher Credentialing. First Aid or valid sports injury certificate and CPR certification.

| Other Requirements and Conditions |

- Time commitment of 10-12 hours a week.
- Expected to be at all practices and games, including travel for away games.

| St. Teresa's Academy is an Equal Opportunity Employer |