

# St. Teresa's Lunch Menu

August  
2021

Seasonal Fresh Fruit and Vegetables  
are offered daily on the Fruit and Vegetable Bar

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
9	10	11	12	13
16	17	<b>18</b> Welcome Back! Pasta Bar Steamed Broccoli Garlic Breadstick  Chef Salad Vegetarian: Pasta/ Alfredo OR Garden Salad	<b>19</b> Walking Taco Lettuce, Tomato and Cheese Mexican Corn  7 Layer Salad Vegetarian: Black Bean Taco OR 7 Layer Salad (no bacon)	<b>20</b> French Toast Sticks Pork Sausage Link Scrambled Egg Breakfast Potatoes  Chicken Caesar Salad Vegetarian: Scrambled Eggs OR Caesar Salad w/ Egg
<b>23</b> Italian Pasta Bake Garlic Green Beans Garlic Toast  Buffalo Chicken Wrap Fruited Spinach Salad Vegetarian: Garden Pasta Alfredo OR Fruited Spinach	<b>24</b> Soft Beef Tacos Spicy Pinto Beans Spanish Rice Lettuce, Tomato and Cheese  Grilled Chicken Fajita Wrap Cravin Craisin Salad Vegetarian: Cheese & Bean Quesadilla OR Craisin Salad	<b>25</b> BBQ Meatball Sub Kettle Potato Chips Baked Beans  Egg & Tuna Salad Slider Combo Buffalo Chicken Salad Three Cheese Sandwich Vegetarian: Egg & Tuna Sliders	<b>26</b> HOM Zucchini  Cheesy Italian Flatbread Marinara Sauce Roasted Zucchini  Roasted Veggie Sub Beef Taco Salad Vegetarian: Cheesy Italian Flatbread & Roasted Veggie	<b>27</b>  Santa Fe Rice Bowl Black Beans  Crispy Chicken Wrap Southwest Chicken Salad Vegetarian: Southwest Salad
<b>30</b> HOM Watermelon  Salisbury Steak Mashed Potatoes & Gravy Whole Grain Dinner Roll  Honey Mustard Ham Wrap Harvest Chicken Salad Minted Watermelon Salad Vegetarian: Black Bean Burger	<b>31</b> Beefy Nachos w/Cheese Sauce  Mexican Brown Rice Corn & Black Bean Salsa  Turkey BLT Wrap Chef Salad Vegetarian: Baked Potato Bar	<b>1</b>		

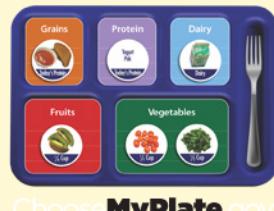
## INFORMATION

Student Lunch	\$5.50
Adult Lunch	\$5.50
Milk	\$0.60
EXtra Entree	\$3.25
Fruit/ Vegetable Bar	\$3.50

## EXTRA INFO

If you have any questions contact Taher Food Service  
[taher@stteresasacademy.org](mailto:taher@stteresasacademy.org) or 816-501-0011  
 Ext 137

## HARVEST OF THE MONTH



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