

St. Teresa's Lunch Menu

Seasonal Fresh Fruit and Vegetables
are offered daily on the Fruit and Vegetable Bar
Check Grab n Go for daily Vegan/Vegetarian Selections.

December
2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1 Sweet & Sour Chicken Bites Lo Mein Noodles and Rice Egg Roll & Fortune Cookie</p> <p>Hot and Spicy Chicken Basket Veggie Burger Turkey Ranch Wrap Crispy Chicken Salad V= Burger, Salad, Wrap</p>	<p>2 French Toast Sticks, Scrambled Eggs, Sausage Links Breakfast Potatoes</p> <p>Crispy Chicken Sandwich Veggie Burger / Fries Ham Wrap Chicken Caesar Salad V= French Toast,Salad, Wrap</p>	<p>3 Cheese and Pepperoni Pizza Veggie Pizza Garlic Green Beans</p> <p>All Beef Hot Dog/French Fries Veggie Burger Grilled Chicken Fajita Wrap Southwest Chicken Salad V= Pizza, Salad, Wrap</p>
<p>6 Baked Potato Bar Roasted Broccoli</p> <p>Hot and Spicy Chicken Basket Veggie Burger Chicken Caesar Wrap Turkey BLT Salad</p> <p>V= Baked Potato, Burger, Salad, Wrap</p>	<p>7 Visit with Chef Tommy Pesto Rubbed Chicken, Penne Pasta, Garlic Focaccia</p> <p>3 Cheese Grilled Cheese Homemade Tomato Soup Sweet Steamed Pea Veggie Burger Turkey BLT Wrap Craving Chicken Salad V= Grilled Cheese, Salad,</p>	<p>8 Popcorn Chicken Mashed Potatoes, Gravy, Corn & Cheese Dinner Roll Mushroom Swiss Burger / Fries</p> <p>Veggie Burger Southwest Chicken Wrap Chef Salad V= Salad, Wrap</p>	<p>9 December LTO Southwest Quinoa, Seasoned Sweet Potatoes, Sweet Coconut Milk Sauce, Topped with Cilantro, Avocado, Green Onion</p> <p>Crispy Chicken Tenders / Tator Tots Veggie Burger Garden Veggie Wrap Grilled Chicken Caesar Salad</p>	<p>10 Cheese and Pepperoni Pizza Veggie Alfredo Pizza Seasoned Mixed Vegetables</p> <p>1/4 Lb Bacon Cheeseburger Basket Veggie Burger Buffalo Chicken Wrap Beef Taco Salad V= Pizza, Burger, Salad, Wrap</p>
<p>13 Exams - Limited Service Cheeseburger Basket Veggie Burger</p> <p>Chicken Caesar Wrap Basket Strawberry Spinach Salad V= Burger, Salad, Wrap</p>	<p>14 Exams - Limited Service Cheeseburger Basket Veggie Burger</p> <p>Crispy Chicken Wrap Chef Salad V= Burger, Salad, Wrap</p>	<p>15 Exams - Limited Service Cheeseburger Basket Veggie Burger</p> <p>Turkey Ranch Wrap Fresh Garden Salad V= Burger, Salad, Wrap</p>	<p>16 No School</p>	<p>17 No School</p>
<p>20 No School</p>	<p>21 No School</p>	<p>22 No School</p>	<p>23 No School</p>	<p>24 Christmas Eve</p>
<p>27 No School</p>	<p>28 No School</p>	<p>29 No School</p>	<p>30 No School</p>	<p>31 New Years Eve</p>

INFORMATION

Student Lunch	\$5.50
Adult Lunch	\$5.50
Milk	\$0.60
Extra Entrée	\$3.25
Fruit & Vegetable Bar	\$3.50

EXTRA INFO

If you have any questions contact
Taher Food Service at
taher@stteresasacademy.org
or 816-501-0011 Ext 137

Menus are subject to change without notice.



All the menu information on
our app Taher Food4Life®



www.taher.com